

# Together Everyone Achieves More, “Never Give Up”

Tuesday July 14, 2026

## Morning 9:00 am — 11:00 am Crafts

### Chain Painting — \$10.00 per person. Instructor: Sheryl Smith

Participants will use acrylic paint and ball chains to design floral-inspired artwork on canvas. As the process can get messy, protective clothing and gloves will be provided for everyone.



### Gnome Ornament — \$6.00 per person. Instructor: Glory Bizub

Come join us in creating a one of a kind (3-inch) ceramic Gnome of your dreams.

## 12:00 — 3:30 pm

### Wisconsin Dells Army Duck & The Bowman House Museum TOUR \$40 per person



One of Wisconsin Dells' most popular Wisconsin Dells attraction for 70+ years, providing a sightseeing experience unlike any other. Sandstone rock formations that are over 14,000 years old such as Grotto Island, Twin Ink Stands, Sugar Bowl, and Lone Rock. Two Splash Downs into Sasquatch Lake and use the Duck's six-wheel drive capabilities to traverse Dell Creek. Our 55 minute, land-and-water Duck rides has been the most unique and original way to experience the Wisconsin Dells for over 70 years.



After the Duck Ride, a shuttle will take you to Bowman Park for a visit to the historic Bowman House Museum—a must-see in downtown Dells. This beautiful home, built in 1904, is a striking example of prairie style architecture.

## Afternoon crafts 1:00pm — 3:00pm

### Water Aerobics — Instructor: Dawn Stone

Join us for water aerobics at the indoor pool, featuring structured water-based exercises set to music. No swimming ability is required, as all activities take place in shallow water.

### Plarning — Instructed by Becky Gutzman

Becky will teach you how to make plarn—plastic yarn made from recycled grocery bags. This workshop shows you how to turn bags into plarn and crochet it into mats for homeless shelters or fun tote bags and baskets. All materials are provided, except you must bring your own crochet hook or knitting needles. Basic crochet skills are helpful. The workshop is free.



# Together Everyone Achieves More, “Never Give Up”

Wednesday July 15, 2026

## Lunch

Crystal Treu will be presenting her story about overcoming breast cancer. Her program is titled "**You're Stronger Than You Know!**" Join us to hear Crystal discuss her experiences and share how the support of others helped her discover inner strength. After serving as the primary caregiver for her husband through his three cancer diagnoses, Crystal had to learn to accept care and support herself. We invite you to attend as she shares her inspiring journey.

## 2:00 pm — 3:00pm

**Diamond Dot Craft Workshop** — Led by Darlene Schumacher, this class will guide participants in creating a choice of two picture frames. The supply fee for this session is \$20.00.

**Every story contains strength** — Guided by Dot Dunn Hart

Participants can share their experiences with trauma from their own lives. By sharing our stories, we support one another.

**The Necedah National Wildlife Refuge - a Volunteer's Dream!** – Led by: Deb Biechler from the Necedah Wildlife Refuge-- Creating community and using your gifts as a volunteer. How volunteers and the beauty and awe of the refuge combine to work magic.

## 3:30pm — 4:30pm

**Warm Glow** — led by Eileen Gottbeheat, features a wool craft project where participants create a fall wall hanging using appliqué and embroidery. The \$15 fee covers all materials and the pattern.

**Wisconsin Helping Nicaragua Women & Families** — Amy Wiza will present on programs in Nicaragua that develop skills, character, and leadership. NVON and WAHCE have supported Wisconsin/Nicaragua Partners by providing water filters, sewing machines, supplies, and humanitarian aid for Nicaraguan families.

**Circus World Museum** will be speaking about the history of the Ringling Brothers Circus in Baraboo. Experience the amazing at Circus World! 64 acres showcasing the incredible history of the American Circus is yours to explore. From the world's largest collection of restored historic circus wagons to seven National Landmark structures that more than a century ago were the wintertime home to the Ringling Bros. Circus.

## Supper

Barb and Ken Wardius, authors of "Wisconsin Lighthouses: A Photographic and Historical Guide," will present a 45-minute slide and lecture program on Wisconsin's historic lighthouses. The presentation features original photographs, live narration, music, and covers about one-third of the state's lighthouses, including Cana Island, Wisconsin Point, Sand Island, Rockwell, Rawley Point, Milwaukee North Point, and others. Audience questions are welcome after the program.

# Together Everyone Achieves More, “Never Give Up”

Thursday July 16, 2026

## Lunch

Gabby Myers is the Research & Education Manager at the Cranberry Research Center in Black River Falls. Her "Cranberry 101" presentation highlights Wisconsin's state fruit, its production, and history. She manages research and educational initiatives for the Wisconsin Cranberry Research and Education Foundation, supports external projects at the Cranberry Innovation Center, and coordinates tours and industry events. Gabby holds a PhD in agricultural engineering from Iowa State University.

## Sessions 2:00 pm — 3:00 pm

**"What Quilting Means: A 25-Year Perspective."** Jane Weiss will present a session titled She will display quilts she has created over the past 25 years and share her insights on what quilting represents to those involved in the craft.

**"How to Help Others When I am Not Okay."** Heather Quackenboss, Extension Educator from La Crosse County, will lead a session on balancing care for others with self-care. The session covers regulating stress, preventing burnout, maintaining authenticity, and explores compassion, resilience, and letting go of unhelpful habits.

**Break the Stigma Around Domestic Violence-** Jess Kaehny serves as the Community Education Program Manager at Hope House, a domestic violence advocacy center supporting five rural counties in Wisconsin. Hope House is dedicated to addressing misconceptions about domestic violence and fostering optimism among individuals affected by it. Learn more about the realities surrounding this important issue.

## 3:30pm — 4:30pm

**Friendship Necklace** – Instructor: Sandy Pohl, Owner of K9-Ewe. This class offers participants the opportunity to craft a distinctive friendship necklace. Attendees will select beads from an assortment curated by the instructor; all materials, including beads and necessary supplies, are provided. The fee for this class is \$20.00.

**"Don't You Dare Give Up—The Power of Persistence"** by Teresa Newcomb, a Life Coach, offers both heart-centered and practical guidance. This workshop is tailored for volunteers and outreach teams who dedicate themselves to serving others and may sometimes feel exhausted—even those with the strongest resolve.

**"The Amish in Wisconsin"** Presenter- Larry Scheckel . The Old Order Amish came from Ohio and arrived in southern Monroe County and northern Vernon County starting in 1966. Their community now consists of 3,200 families and a population exceeding 3,500. Discover their distinctive lifestyle, including traditions related to courtship, marriage, baptisms, weddings, funerals, education, clothing, use of the German language, and the Ordnung—a set of life rules they follow.

## Supper

Jennifer Drayna serves as the Conservation Education Director at the International Crane Foundation. Her presentation, titled **"Cranes of the World,"** will explore the foundation's global initiatives to protect cranes and conserve their habitats.