



# National Volunteer Outreach Network VISION

## Thoughts from President Stephanie Jerabek

### MAKING A DIFFERENCE

VOLUME 7 ISSUE 5

MAY 2021

#### Special Points of Interest:

- President's Message
- 2021 Conference
- 25 Year Anniversary Pin Form

[www.nvon.org](http://www.nvon.org)



#### Inside This Issue

President's Message	1
NVON Board	2
Project in Common	3
25 Year Anniversary Pin Form	
VISION Subscription Form	
Tours	4
Seminars	5
Hotel Information	6
Speakers	
Agenda	7
Back page	8

**Find more detailed information about the Conference in your January Issue of the VISION or at**  
[www.nvon.org](http://www.nvon.org)

“Two weeks to slow the curve.” “Quarantining—we are all in this together.” “Don’t leave home.” “Early shopping hours are for the most vulnerable.” “Wearing a mask will protect you from the virus.” “Wearing a mask will protect someone else from your germs.” “Wearing two masks is better.” “Social distancing—six feet is best.” “Use hand sanitizer.” “Wash your hands frequently.” No hugs, no handshakes, fist bump if you must. It goes on and on...



We have been bombarded with this information from every angle for over a year now and we still can’t see an end. Government officials can’t agree. People are angry, hurt, CONFUSED. The intense hope for things to return to NORMAL is everywhere and real answers are hard to come by. People are left confused and defiant or scared and without hope.

We grieve for those who lost lives and loved ones and for those who are suffering from the side effects of the virus or the vaccinations. The loss of life has been tragic but it is pointless to issue blame. It happened. We have done our best to keep each other safe and healthy and keep our fingers crossed that we, too, will stay healthy. It all can be very depressing and discouraging. But I offer hope.

My friend, Marti, is a wise woman. It comes with her job. She is a pastor. I have often felt that she has an inside track on things and is wise because of Divine design. She said something recently that struck a chord. She was speaking about what motivates us. We can be motivated by FEAR or by LOVE. Motivation by FEAR is what we have been living under for the past year. FEAR of the virus, the subsequent illness, death, infecting others, survival, income, loss, returning to normal, our future under the Covid cloud.

It is time for us to be motivated by LOVE. LOVE of our families--to see them and touch them and celebrate life with them. LOVE of our professions and jobs. To offer the best of ourselves. My father always said, “You may grow up to be a ditch-digger. But you should be the best ditch-digger that you can be.” LOVE of others. To share what we know and can do. LOVE for those we don’t know. Improving their world by our actions, our knowledge, giving our goodness to our fellow citizens.

So, I encourage you to join the world again. Protect yourself but remember that you were not created to live in FEAR but to be motivated by LOVE. Do that and you will MAKE A DIFFERENCE.



## NATIONAL VOLUNTEER OUTREACH NETWORK BOARD

### Executive Committee

#### President

Jan. 1, 2020 - Dec. 31, 2022

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Jan 1, 2021- Dec. 31, 2023

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Jan. 1, 2018 - Dec. 31, 2023

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### State Presidents

#### Arkansas Extension

##### Homemakers Council

July 1, 2020 - June 30, 2022

**Cheryl Stewart**

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#### Kentucky Extension

##### Homemakers Association

July 1, 2019 - June 30, 2022

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#### South Carolina Family and

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Jan. 1, 2020 - Dec. 31, 2023

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#### Illinois Association for Home and Community Education

March 2021 - March 2024

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#### West Virginia Community Educational Outreach Service, Inc.

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E-mail: wolfsinwv@yahoo.com

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**Anne Moore**

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#### North Carolina Extension and Community Association, Inc.

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**Cathy Holmes**

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## “Double Your Influence” Project in Common—Ends December 31, 2021

The NVON Project in Common, Double Your Influence—Add 2, continues until the end of December 2021. Volunteers are the heart of our organization and our ability to retain and gain members is crucial. How are you promoting your organization and sharing the important things that keep you a member? Do you have a clear and concise message to invite others to join you? Now is the time for you to assess what you and your organization can do to share your influence with others.

Hind sight is now 2020 (Get it? That was a play on the unforgettable!) As we have learned from our 2020 program year, we must do things differently. Incorporation of social media forums

such as Facebook, Instagram and the like are needed to spread the word that we are doing great things! Articles of upcoming activities and events and lessons can be shared via the old standards of print media, radio and television but we still may need to incorporate Zoom or other electronic meeting platforms. And, by all means, don't forget that most basic and special way of communication—the human voice. ASK SOMEONE! In person. The invitation goes a long way in making that connection, and, heaven knows, that we all need to reconnect. You never know when you can MAKE A DIFFERENCE!

*Stephanie Jerabek*, NVON President



**Purchase your Commemorative  
25 Year Anniversary Pin  
\$3.50 Early Bird Price (purchased by July 1, 2021)  
\$4 at NVON Conference  
Limited Edition**

Early bird purchased commemorative pins will be delivered at NVON July 20-22, 2021

### Order Form

\_\_\_\_\_ Number of Pin(s) requested @ \$3.50 each if received at NVON \$ \_\_\_\_\_

Add \$2 Mailing Fee for 1-5 pins, \$4 for 6-10 pins, if mailing is preferred

TOTAL ENCLOSED \$ \_\_\_\_\_

Make check or money order payable to: 2020 NVON Conference

Mail order form with check or money order to:

Bette Chinnners, 152 Cherokee Hills Ct, Lexington, SC 29072, (803) 413-4005 or [bchinnners@sc.rr.com](mailto:bchinnners@sc.rr.com)

If not receiving pin(s) at NVON, Mail Pin(s) to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip code \_\_\_\_\_

#### National Volunteer Outreach Network, INC. VISION SUBSCRIPTION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

NEW \_\_\_\_\_ RENEWAL \_\_\_\_\_ DATE \_\_\_\_\_

VISION Subscription is \$18.00 for three years. Nine NVON VISION's

Make checks payable to: National Volunteer Outreach Network, Inc.

Mail to: Kaye Green, NVON Editor

770 Moores Church Rd.

Rison, AR 71665

**Tuesday, July 20, 2021 - TOURS - 8:00 a.m. - 4:00 p.m.**



**Tour # 1- National Corvette Museum and Chaney's Dairy Barn**

Time: 8:00 a.m. - 4:00 p.m.

Cost: \$55 (includes admission ticket to Museum but lunch is on your own)

Limited to 30 people

**Tour # 2-Bill Monroe's Home Place**

Time: 8:00 a.m. - 4:00 p.m.

Cost: \$65 (includes admission ticket but lunch is on your own)

Limited to 24 people



**Wednesday, July 21, 2021 - SPOUSE/FRIEND TOUR - 8:00 a.m. - 1:00 p.m.**

**Tour #3-Camp Breckenridge Museum & Arts Center**

Time: 8:00 a.m. - 1:00 p.m.

Cost: \$35 (includes tour ticket but lunch is on your own)

Limited to 24 people



**Thursday, July 22, 2021 - SPOUSE/FRIEND TOUR - 8:00 a.m. - 1:00 p.m.**

**Tour# 4-Green River Distilling Company and Daviess County Agritourism**



Time: 8:00 a.m.-1:00 p.m.

Cost: \$42 (includes tours with tasting at distillery. A box lunch may be purchased at an additional cost of \$12. **Must be ordered in advance on registration form.**)

Limited to 24 people.

**\*Note:** This tour involves walking on uneven ground and climbing stairs. Closed-toed shoes **MUST** be worn for safety.

**PROJECT IN COMMON**

Starting January 1, 2022



Attend the 2021 Conference in Owensboro, Kentucky to learn more about this exciting project from Karen Bell Fox, NVON Vice President!

**Don't Forget to Bring Items for the Silent Auction.**

Proceeds received are sent to ACWW for Pennies for Friendship.

Pennies for Friendship allows us to facilitate the network that connects women across the globe, produce awareness, and advocate for rural women at the United Nations.

**Wednesday, July 21, 2021 - SEMINARS - 2:00 - 3:00 pm****"P" is for "Pterodactyl"**

Rita Bloom

Kentucky Extension Homemakers Association

**Feed FeFe, Help the Iron De'fish'ent**

Jane Chapman

Illinois Home and Community Education

**The Many Surprises of Thrift Shopping**

Sue Berry and Nell Jordan

Kentucky Extension Homemakers Association

**Fad, Fiction, or Fact: What's in your Diet?**

Karen Bell Fox and Cheryl Stewart

**Wednesday, July 21, 2021 - SEMINARS - 3:30 - 4:30 pm****Smoothie Queens**

Henrietta Sheffel, KEHA member and Julie Hook,

KEHA Food and Nutrition Chairperson

Cost: \$10**The Power of Many...Partnering with Alzheimer's Association**

North Carolina Extension &amp; Community Association

**Ready or Not: Organizing Your Essential Documents**

Pam Hanfland and Pat Breznay

South Carolina Family and Community Leaders

**"Bee" A Leader**Kim Henken, Senior Program Manager and KEHA State Advisor;  
and Sharon Wood, KEHA 1st Vice-President**Thursday, July 22, 2021 - SEMINARS - 2:00 - 3:00 pm****Campfire Cooking**

Amanda Hardy, Henderson County Extension Agent for Family and Consumer Sciences

**What's Up with Succulents!**Annette Heisdorffer, Extension Agent for Horticulture Education,  
Daviness County, Kentucky**Butterfly Garden**

Bonnie Nance and Glenda Burke, Green River Area Extension Master Gardener Association Members

**Scam Red Flags and Avoiding Fraud**

Dr. Nichole Huff, Assistant Extension Professor for Family Finance and Resource Management; and Kelly May, Senior Extension Associate for Family Finance and Resource Management.

**Thursday, July 22, 2021 - SEMINARS - 3:30 - 4:30 pm****Hospitality Kentucky Style**

Becky Nash, Retired Taylor County Extension Agent for Family and Consumer Sciences

**Communicate and Connect**

Dr. Nichole Huff, Assistant Extension Professor for Family Finance and Resource Management; Kelly May, Senior Extension Associate for Family Finance and Resource management; and Kim Henken, Senior Program Manager and KEHA State Advisor

**It's All Fun and Games: Inspiring Healthier Eating and Activity Habits with Grandkids**Courtney Luecking, Extension Specialist for Food and Nutrition,  
UK FCX Extension**Fascinating Facts about Fibers and Fabrics**

Jeanne Badgett, Senior Extension Associate Position for Clothing, Textiles, and Household Equipment.

Cost \$5**Tuesday, July 20, 2021 CRAFTS—2:00 - 3:00 p.m. AND 3:30 - 4:30 p.m.  
ALL FOUR CRAFT WORKSHOPS ARE REPEATED****Class: Swedish Weaving**

Teacher: Loretta Grace

Cost: \$5.00

Class size: 20 per session

**Class: Jewelry Art**

Teacher: Angie York

Cost: \$5.00

Class size: 20 per session

**Class: Canvas Magic**

Teacher: Christy Stephens

Cost: \$10

Class size: 20 per session

**Class: Cool Coasters**

Teacher: Cecelia Hostilo

Cost: \$6.00

Class Size: 20 per session

Tour, Seminar and  
Craft Workshop  
descriptions can be  
found in your January  
Issue of the VISION  
or at

[www.nvon.org](http://www.nvon.org)

## 2021 NVON Meeting Lodging Information July 20-22, 2021



**Owensboro Convention Center**  
501 West 2nd Street  
Owensboro, Kentucky



Lodging room blocks are available at the **Hampton Inn & Suites Owensboro Downtown/Waterfront, 401 West 2nd Street** and at the **Holiday Inn Owensboro Riverfront, 701 West 1st Street**. Both are located adjacent to the convention center.

The room rate at the Hampton Inn is \$129 + tax per night and includes breakfast daily. To reserve by phone, call 270-685-2005 and request the Kentucky Extension Homemakers /NVON rate.

By using this link: <http://bit.ly/KEHA-NVONJul2021> you can also register online.

Reservations by attendees must be received before 6/22/2021.

The room rate at the Holiday Inn is \$129 + tax per night and includes breakfast daily. To reserve by phone, call 270-683-1111 and request the Kentucky Extension Homemakers rate.

By using this link: <https://bit.ly/38Nky9A> you can also register online.

Reservations by attendees must be received before 6/28/2021.

### Banquet Speaker – July 22, 2021

**Dr. Steve Isaacs, Extension Professor and Storyteller**



#### “Water from Another Time”

Dr. Steve Isaacs has worked at the University of Kentucky for more than 24 years as an Extension farm management specialist. He serves as co-director of the Kentucky Agricultural Leadership Program and as director of the University of Kentucky Income Tax Seminars. Dr. Isaacs is a beloved undergraduate instructor, teaching Ag Management Principles and Human Resource Management. He has delivered hundreds of Extension presentations and workshops, authored or co-authored more than 250 print or electronic publications and direct or co-direct over \$7 million of externally funded projects. His numerous awards and recognitions include the UK Alumni Association Great Teacher Award, the Gamma Sigma Delta Master Teacher Award, the Joe T. Davis Outstanding Advisor Award, the MD Whitaker Outstanding Extension Specialist Award, and the Honorary American FFA Degree. A native of rural East Tennessee, Dr. Isaacs is a gifted storyteller. His talk will lead you on a journey through stories and an exploration of water from another time.

### Luncheon Speaker – July 21, 2021

**Dr. Alex Elswick, Assistant Extension Professor**



#### “Wounded Healers”

Dr. Alex Elswick serves as Assistant Extension Professor and Extension Specialist for Substance Use Prevention and Recovery, the first position of this nature in the nation. Dr. Elswick received his undergraduate degree from Centre College and completed both his masters and doctoral degrees at the University of Kentucky. He co-founded a non-profit organization called Voices of Hope-Lexington which mobilizes community resources to support people in recovery from substance use disorders. He also helped create a Collegiate Recovery Community on UK’s campus, which supports college students in recovery. Dr. Elswick’s presentation will draw from this quote from Elizabeth Kubler Ross, “The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These persons have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and deep loving concern. Beautiful people do not just happen.” His presentation will help you explore how to use your lived experiences in the service of others.



## National Volunteer Outreach Network—2021 Conference

July 20-22, 2021

“Be The Sunshine - Make a Difference”

### Monday, July 19, 2021

- 3:00 - 7:00 p.m. - Registration
- 3:00 - 9:00 p.m. - Set up State Displays
- 3:30 p.m. - Financial Review Committee
- 5:00 p.m. - NVON Board & Delegate Dinner
- 6:00 p.m. - NVON Board Meeting

### Tuesday, July 20, 2021

- 8:00 - 6:00 p.m. - Registration
- 8:00 - 6:00 p.m. - State Displays
- 8:00 - 6:00 p.m. - ACWW Silent Auction
- 8:00 - 4:00 p.m. - Tour #1 National Corvette Museum and Chaney's Dairy Barn
- 8:00 - 4:00 p.m. - Tour #2 Bill Monroe's Home Place

#### LUNCH ON YOUR OWN

- 2:00 - 3:00 p.m. - Craft Workshops
- 3:30 - 4:30 p.m. - Craft Workshops repeated

#### DINNER ON YOUR OWN

### Wednesday, July 21, 2021

- 8:00 - 6:00 p.m. - Registration
- 8:00 - 12:00 p.m. - ACWW Auction
- 8:00 - 6:00 p.m. - State Displays
- 8:00 - 1:00 p.m. - Spouse/Friend Tour #3 Camp Breckenridge Museum & Arts Center
- 9:00 - 11:00 a.m. - NVON Conference Opening Session and Business Meeting
- 12:00 - Luncheon
- 1:30 - 6:00 p.m. - ACWW Silent Auction
- 2:00 - 3:00 p.m. - Seminars
- 3:30 - 4:30 p.m. - Seminars
- 6:00 p.m. - Kentucky Night

### Thursday, July 22, 2021

- 8:00 - 12:00 p.m. - Registration
- 8:00 - 12:00 p.m. - ACWW Silent Auction
- 8:00 - 6:00 p.m. - State Displays
- 8:00 - 1:00 p.m. - Spouse/Friend Tour #4 Green River Distilling Company and Daviess County Agritourism
- 9:00 - 10:30 a.m. - General Session
- 12:00 - Luncheon with Presentation of Working Together for 25 Years
- 1:30 - 3:30 p.m. - ACWW Silent Auction
- 2:00 - 3:00 p.m. - Seminars
- 3:30 - 4:30 p.m. - Seminars
- 6:00 p.m. - Banquet
- Pick up ACWW Silent Auction Items after Banquet

# Conference Agenda



VISION

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Member Organizations working together to promote Communication, Education, & Volunteerism

## NVON Member State Conferences/Meetings

**Arkansas EHC**  
June 8-10, 2021  
*Wyndham Hotel*  
North Little Rock, AR

**Illinois IAHCE**  
March 15-17, 2022  
*Thelma Keller  
Conference Center*  
Effingham, IL

**Indiana EHA**  
June 1-3, 2021  
*Embassy Suites*  
Plainfield, IN

**Kentucky EHA**  
June 22-23, 2021  
*Sloan Convention Center  
and Holiday Inn  
University Plaza*  
Bowling Green, KY

**Michigan CEO**  
September 22-23, 2021  
*Doubletree Hotel*  
Bay City, MI

**North Carolina ECA**  
October 11-13, 2021  
Raleigh, NC

**South Carolina FCL**  
October 12, 2021  
*Our Saviour  
Lutheran Church*  
West Columbia, SC

**West Virginia CEOS**  
October 5-6, 2021  
*Jackson's Mill*  
Weston, WV

**Wisconsin AHCE**  
September 21-23, 2021  
*Holiday Inn*  
Stevens Point, WI

### **DATES OF INTEREST**

**NVON CONFERENCE**  
July 20-22, 2021  
*Owensboro Convention Center  
Hampton Inn and  
Holiday Inn*  
Owensboro, KY

**NVON CONFERENCE**  
2022  
Indiana

**ACWW USA Area Meeting**  
August 1-3, 2021  
Cincinnati, OH

**30th ACWW Triennial  
World Conference**  
May 17-25, 2023  
Kuala Lumpur, Malaysia

**CWC/ACWW Area Meeting**  
Country Women's Council USA  
ACWW Area Meeting  
September 13-15, 2021  
*Holiday Inn &  
Keller Convention Center*  
Effingham, Illinois

