

# Eat Local . . . Eat Healthy



*Eat Local, Eat Healthy, is NVON's Project in Common for 2016-2018 and encourages each member state to work closely with the local foods movement at their respective Extension Service.*

## 2017 PROJECT REPORTING

Five of our eight states submitted reports for Eat Local . . . Eat Healthy. Those reporting are doing some awesome things with this project. We know that the other states are participating in some way but just failed to report their efforts!

### Local Foods . . .

- **Local Farmers Markets**
  - 7993 visits
  - 467 volunteered
  - 10 helped organize
  - 4 joined
- **Local farmers/roadside stands**
  - 4773 visits
  - 20 hours
  - 5 helped organize
  - 2 joined
- **Farm to Table Restaurants**
  - 920 visits
- **CSA**
  - 221 participated
  - 31 volunteered
  - 1 joined
- **Food Co-op**
  - 672 participated
- **School Gardens**
  - 170 visits
  - 279 volunteered

### Circles of Ten . . .

We do know that most members state organizations are involved with the local foods movement in partnership with their Extension Service.

#### **NVON members reached:**

- Businesses - 143
- Local farmers/roadside stands - 1380
- Farmers Markets - 2719
- Food Co-op - 866
- Distributed brochures - 3518
- Engaging volunteers - 2896

### Grow Your Own . . .

- **Container Gardening - 907**
- **Bed - 613**
- **Plot - 564\***
- **Acreage - 170**
- One plot grower reported producing 530 pounds of food that was given to needy families!