

# National Volunteer Outreach Network, Inc.

[Home](#)   [NVON Board](#)   [About NVON](#)   [Membership](#)   [Projects](#)   [VISION](#)   [Events](#)   [Forms](#)  
[Links](#)   [CONFERENCE INFO](#)

[NVON Lessons](#) > [Projects in Common](#) > [State Displays](#)

## 2011 State Displays

### **Arkansas Extension Homemakers Council**



Over 1.5 million volunteer hours were turned in this year, with an estimated value of over \$31 million dollars! Our membership is at 5, 643.

We sent letters or e-mails to our U.S. Senators and representatives about the cut to Cooperative Extension Funds. This cut would have been a 10% decrease in funding at the Federal level plus lower Funding at the State and County level, since those funds are paid according to how much comes in from the Federal level. Well the cut was reduced from 10% to 1%. Our endeavors paid off!

### **Illinois Association for Home and Community Education**

At our annual conference in March this year, the conference chairman issued a challenge for us to make a Linus Blanket using the conference theme which was a circus extravaganza. There were 77 blankets entered and not one was a duplicate. There were pieced, appliqué and embroidery blankets. Each was to take them home after conference to give to their local Linus Blanket group.

The project of sewing the dresses for African girls and now shorts for the boys has really taken off this year by members throughout the state. Hundreds of dresses have been sent to Nancy's Notions for delivery to those in need.



The Ovarian Cancer Quilt winning ticket was drawn at the conference by a member of the local ovarian cancer support group. The ticket donations amounted to \$1,171 and were donated to the National Ovarian Cancer Coalition.

I am very proud to be a part of HCE and see the generosity and talent of the members as they work to donate items to nursing homes; to soldiers overseas, VA hospitals, schools, and other items to those in need in their communities. Just to give you an idea of all the volunteer hours reported by 1,694 members out of a membership of 10,000+. They gave 474,252 hours. **Volunteers do not get paid, not because they are worthless, but because they are priceless.**

### Indiana Extension Homemakers Association



The Indiana Extension Homemakers Association (IEHA) is making great strides in carrying out President Barb Keyes theme "IEHA Uniting as One Voice." Our organization has 935 clubs and 11,958 members in the state.

The year started with ten fall district meetings throughout the state. The Indiana Attorney General's office sent representatives to each of the district meetings to present a program on the services provided by their office. The services included: credit card fraud, unclaimed property, credit reports, identity theft, and no call information. The Educators presented a leadership lesson on "goal setting." Goals should be SMART – specific, measurable, attainable, realistic, and timely.

Inspired by Kentucky and their fund raising efforts for cancer, IEHA signed a five year \$25,000 endowment for the Purdue University Center for Cancer Research. To date we have raised in

excess of \$18,000 to that commitment.

IEHA's outstanding project "First Books for Kids" celebrated their ten year anniversary with a gala celebration at the Home & Family Conference. Age appropriate books for 2 to 5 year olds are purchased and read to students in the "Head Start" program. The student is then given a copy of the book. To date almost 1,000,000 books have been donated and distributed to the students with approximately 3,000 volunteers reading to the children. A number of counties also make book bags for the children.

With 87 of 91 counties reporting, 179 scholarships were awarded for a total of \$61,000. Members also participated in many Volunteer Community Support projects with countless hours and articles. Recipients of time, gifts and money include Riley Children's Hospital, Ronald McDonald House, Meals on Wheels, State Hospitals, Cancer Centers, local schools, nursing homes, food pantries, museums, shelters, 4-H programs, local police units and charities.

The International Project supported by IEHA this year was "Hayes Pure Water Foundation." Funds of \$5,702.82 were raised to purchase units that would purify water for countries experiencing devastation from hurricanes and earthquakes. Each unit cost \$500.

### **Kentucky Extension Homemakers Association**



The past year has again been filled with many projects from the club level to the state level that fulfills the mission of KEHA.

A total of \$16,238.00 was provided by homemakers for 4-H camp scholarships and "Power Up the Day" provided a study of the importance of physical activity and exercise to both homemakers and 4-H youth.

A continuing program for KEHA is the contribution to the Ovarian Cancer research program at the University of Kentucky. Homemakers have now contributed over one million dollars to this research program. Members are also encouraged to take the opportunity to have free ovarian cancer screenings offered for women over the age of 50 as part of this program.

Since 2008, Ky. Academy has been the focus of the International Program chairman and she was able to accompany this group to Ghana. KEHA has provided children with a dining room complete with table and chairs. While there the group was able to begin work on a school garden and start a school feeding program. Over \$4900.00 was collected from homemakers for international projects.

Another ongoing program supported by KEHA is the Center for Courageous Children. a camp for seriously ill children and their families. This camp is a medical camping facility that is provided at no cost to the families.

The Management and Safety Chairman will be collaborating with the Food, Health and Nutrition chairman and the Family and Individual Development chairman to offer a Matter of Balance program. This program will be focusing on exercise and physical activity. We also have been encouraging our members for some time to "go green and recycle". Over 3300 members reported recycling regularly and adopted energy saving practices. Over 2900 used reusable or cloth shopping bags and over 2600 used "green" cleaning products.

Cultural Arts and Heritage skills are an essential part of KEHA. Members are encouraged to participate in their county, area and state level competitions. Quilts made and given as gifts, sold or used at home totaled over 3,000. There were also 356 new barn quilts added this year in the state. Many crafts were made and sold with \$21,722.00 in sales for personal use. Proceeds from some of these sales went toward community projects such as food banks, health fairs, nursing homes, Special Olympics and ovarian cancer.

Our history states that KEHA was created to meet the needs of Kentucky women. Although changes have occurred in family structure and economics, the need to educate and build leadership in Kentucky women is still there thus the need for KEHA is still there. Working together in programs such as have been mentioned above can only serve to strengthen and empower women from Kentucky and other parts of the world.

### **North Carolina Extension and Community Association, Inc.**



The North Carolina Extension & Community Association is made up of 269 clubs, 3079 members, 28 lifetime members and 44 emeritus members. NCECA and North Carolina Cooperative Extension work together on many joint educational programs and outreach efforts. NCECA members work directly with their home counties' NCCES staff to provide support and assistance in implementing outreach, particularly in the areas of Health & Wellness, School Success and Economic Prosperity .

With "Let's Take Off" being our project in common, ECA continues to work with the Family & Consumer Sciences Extension Agents to share health and nutrition education in a variety of ways. Curricula developed by Specialists at North Carolina State University is often used as a teaching tool. Some programs ECA has been involved in have been: "Cook Smart/Eat Smart", "Give Your Heart a Healthy Beat!", "Eat Smart, Move More, Weigh Less", "Dining with Diabetes", "Food Rocks!" and more. Members assist FCS agents in schools, senior citizen centers, at health fairs, at club meetings and where requested. It is a very effective partnership.

NCECA encourages its members to track their volunteer hours of community service. Of the 3079 total members, 395 turned in volunteer hours this past year. Despite the limited number of participants, those reporting turned in 1,130,451 hours of service! In addition, they drove 64,771 miles doing volunteer work and reached 565,813 people! Some of the activities they took part in were: school supplies for needy children, tutoring, Red Cross, quilts for the elderly, clothing for children in Haiti and Africa, manners programs and so much more. We can only imagine what the total outreach is that was not reported by the other 2684 members!

### **South Carolina Family and Community Leaders**



The motto of the South Carolina Family and Community Leaders is Dedication, Education and Service. Our mission is to improve the quality of life for individuals, families and communities through fellowship, education and service. The first challenge I gave was for each member to get one new member in 2010 and 2011. In 2010 we had 95 new members. One or two husbands came to meetings. I asked that we seek husbands to join SCFCL. We now have 19 husbands who are members in South Carolina. Another important program of work is 4-H and youth. In 2010 we gave five college scholarships to young women from SCFCL.

Making a difference for children in Foster Care is a project in many counties. Several counties and individual clubs award scholarships each year to worthy students. Heirloom Needle arts is active in improving the quality of life in South Carolina FCL Clubs.

Eight Counties reporting. Hours given in service: 32,301 Value of time: \$327,360.80. Actual dollars contributed: \$11,264.70.

### **West Virginia Community Educational Outreach Service, Inc.**

Our Project in Common from NVON II "Let's Take Off" was partnered with our "Health Motivator" program. The Health Motivator program is in each club across the state. This gave "Let's Take Off" an open door to our total membership. As a result we had 63 walking groups in 26 counties. This included 625 CEOS members and 37 non-members. They could have walked around the continental United States twice, with a bit left over.



Our other notable project was "Support our Veterans". We targeted the four Veteran's Hospitals in West Virginia along with the assisted living housing and nursing homes. A total of over 20,000 items were collected and hand delivered by CEOS members across the state on May 20, 2010 as part of CEOS week activities. We delivered books, tapes, stationary and stamps, personal hygiene items, clothing phone cards and bus passes. Time was spent visiting with the veterans and was well received by the staff. They were delighted with the support provided. We had excellent press coverage throughout the state in all media outlets

In conjunction with "Support our Veterans" we held a "Socks for Soldiers" event. Items that start with the letter S, (socks, shoe strings, shaving cream, soap, safety razors) were collected. This yielded 14,059 kits, cards and socks. The local National Guard picked up the items along with cards of support, to be shipped overseas.

We delight in our CEOS activities and are working to make it as meaningful to our communities as it is to our members.

### **Wisconsin Association for Home and Community Education**

"WAHCE Cares about Families and Communities," that's our tag line and we mean what we say. Our counties and clubs have been involved in community projects as well as state programs.

In our Wisconsin Bookworms" program, we read to Head Start and other needy children in our communities eight times a year, and then give each of those children a book each time we read. We have 45 counties participating in the program with over 5,000 children involved. We also have another five or six counties doing similar programs, but purchase their books independently. Since



literacy is a top priority in Wisconsin schools; preschools put an emphasis on reading readiness. Having books in the home has been found to be one of the indicators of early success in school.

Another statewide program carried out this spring was the "On the Move and in the Groove" program. Our members were to walk and record every day they walked or exercised 20 minutes or more. From reading newsletters, I know there were many counties that participated, and probably hundreds of members. The program ran from March 1 to May 17. Reports are not all in yet, but the totals will be reported at our state conference in September. Since I do not have any of the numbers yet, I was not able to get that report in for the NVON "Take OW program.

WAHCE is always has a very active International Committee and our counties are quite generous. This past year we financed an ACWVJ "Vater Project in Cameroon, sent money to our sister organization in the Dominican Republic to use to aid families in Haiti, and collected Pennies for Friendship. Our total International distributions last year were over 16,dollars. In addition we also support the Wisconsin Nicaragua Partners by providing sewing machines, fabric, and notions for the learning centers. Some of our members also made glass cases for the eyeglass project they do each year. When our Central District met last fall, they had a speaker from the Wisconsin Nicaragua Partners and she talked about the Learning Centers and the sewing projects. The attendees were so enthused, they decided to take a collection to purchase a new treadle sewing machine; and they did so right there. We may not be able to change the dynamics of a whole country, but we can change life for a few families.

Each year we highlight three programs, done by our UV Extension Family Living teams, at our annual WAHCE State Conference. Our counties make use of those programs the following year in their programming. The three programs for 2011 were "The Secret is Out - You are a Leader," "Why Relationships Matter to the Couple, Family, and Community," and "Creating Aging Friendly Communities." These programs are presented by members of the FLE team that created it, with complete supplementary materials and a cd with those programs for use in each county.

### **2009 State Displays**

*The NVON website was designed by [Pamela Hanfland](#). Copyright 2006  
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Last Update: July 14, 2014*