

Finding Success...Together

One of America's most innovative minds, Henry Ford, once said of teamwork *"Coming together is a beginning. Keeping together is progress. Working together is success."*

I believe our Mission Statement clarifies the simplicity of that message;

"member organizations working together to promote communication, education and volunteerism for all people"

It provides a sense of purpose, a beacon of unity and direction. As NVON continues to grow and mature, we too should strive to *"live the mission"* of our Mission Statement. Hence, the important questions become evident...

- **Why are we here?**
- **What have we set out to accomplish?**
- **What's required to fulfill our mission?**

I have asked your NVON Board to examine these very important questions. We're each charged with the responsibility to define our Mission; to develop the Vision; to maintain focus upon the most effective path toward the accomplishment of our goals.

Now, more than ever before, it is critically important that we continually strive to bolster global awareness of NVON, its great works, and it's caring service to our communities. Likewise, we must continue to strengthen our relationship and involvement with CWC and ACWW to fulfill the Global focus of our mission.

In following my theme, **"A Strong Foundation: Building from Within"**, I'm anxious to continue working toward strengthening our current membership as well as to attract new member-states. It's my fervent belief that the organization, NVON, can make a remarkably positive impact
See President's page 2

Friends Around the World

Let us not forget our sisters around the world as they deal with the tragedy in the Far East. Keep them in your prayers .

This message was received from ACWW President Ursula Goh

Thanks you for the messages and concerns by each one of you. I am glad yet very sad to inform you that personally I

am not somewhere near the Island that was struck by the disaster here in Malaysia. I am of course very touch by the concern each one of you have shown all the messages I have received, Thank you All. Malaysia declares the New Year celebration be a time for mourning and Prayers in place of the normal revelry to
See Friends page 4

Inside this issue:

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Special points of interest:

- Letter from NVON President Pam Hanfland
- Featured speaker: Jon Burroughs and his Characterization of James Whitcomb Riley -
- Featured speaker: Tom Turpin—"The Bug Man" from Purdue University
- Craft workshops and seminars
- Check your membership renewal date

National Volunteer Outreach Network Officers for 2005

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NVON ANNUAL CONFERENCE DATES

July 12-14, 2005 Indianapolis, IN

July 18-20, 2006 Hot Springs, AR

July 19-21, 2007 Lexington, KY

Volunteers are not paid—not because they are worthless, but because they are priceless.

~Anonymous

President's Message

on our lives and the lives of so many people the world over... but only if we're all reading from the same page... all working together... all focused on the same goal.

With excitement and pride, I am honored to serve as the National Volunteer Outreach Network

President. Please share your thoughts and ideas by calling or emailing me. Do it today!

Pam Hanfland
NVON President

*NVON President
Pam Hanfland*



NVON STATE PRESIDENTS 2005

Arkansas Extension Homemakers

Association

Mary Ann Shepherd
1150 Harper Cemetary Rd
Pocahontas, AR 72455
Phone: 870 647-2045
E-Mail shep@pokynet.com

Kentucky Extension Homemakers

Association

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Frankfort, KY 40601
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E-Mail renersiria@yahoo.com

Illinois Assoc for Home & Family Community Education

Marion Ries
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Columbia, IL 62236
Phone: 618-939-8406
E-Mail hmries@htc.net

Indiana Extension Homemakers

Association

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New Castle, IN 47362
Phone: 765-533-6612
E-Mail rrichey@aol.com

South Carolina Family &

Community Leader

Pat Breznay
6 Valhalla Court
Columbia, SC 29228
Phone: 903-736-6535
E-Mail pbreznay@sc.rr.com

West Virginia Community

Educational Outreach Service

Ruth Ann Anderson
1445 Sunset Lane
Glen Dale, WV 26726-9209
Phone: 304-232-3784
rackca@ovis.net

Wisconsin Association for Home & Community Education

Judy Bender
N 1440 Spring Lake Drive
Dalton, WI 53926
Phone: 920-394-3008
E-Mail bender@dotnet.com

NVON MEMBER STATE

2005

CONFERENCE DATES

Arkansas	June 7-9, 2005	Illinois	March 22-24, 2005
AEHC	Hot Springs Convention Center Hot Springs, AR	IAHCE	Keller Convention Center Effingham, IL
Indiana	June 8-10, 2005	Kentucky	April 18-20, 2005
IEHA	West Lafayette, IN Purdue University	KEHA	Marriott Griffin Resort Lexington, KY
South Carolina	October 27-29, 2005	West Virginia	October 11-13, 2005
SCFCL	Radisson Hotel, Charleston Airport North Charleston, South Carolina	WVCEOS	Jackson Mills, Weston, VA
Wisconsin	September 19-21, 2005		
WAHCE	Kalahari Conference Center		Wisconsin Dells, WI

Friends...continued from page 1

remember the victims of the disaster that hit part of our country and Asia.

I have contacted Sri Lanka have not received a respond from Raneer the Area President, however, I have received a reply from one of the Executive of our Society saying all is well in their part of Sri Lanka.

The country is still on the alert for a possible after effect shock waves expected within the next few days, The weather is still lots of rain, We hope and pray it will. Thank you all once again,

With love and All Good Wishes for the coming New Year 2005!!

Regards,
Ursula

Ursula Goh
Tel : 085-655253
Mobile : 013-8405126

Home address :
76 Taman Pertama
Pujut 7, Jalan Jepang 5
98000 Miri, Sarawak,
East Malaysia

Ursula Goh
ACWW World President

NVON Conference Featured Speakers

Jon Burroughs will be the featured speaker at Wednesday evening's dinner. Please come and enjoy some Indiana folklore and poetry as Mr. Burroughs portrays poet and author, James Whitcomb Riley.

Mr. Burroughs is a school teacher from Hancock County and has been impersonating Mr. Riley for several years. He works with the Hancock Riley Days and does programs for them.



Do you remember

"When the Frost is on the Pumpkin" or "Little Orphant Annie"

"The Old Swimmin Hole"

"The Raggedy Man"

These are but a few of the poems Riley penned.

Tom Turpin / Professor of Entomology, Purdue University

Meet this dynamic professor as he enlightens us on his topic of "Everything you need to know about insects but were afraid to ask" Mr. Turpin will keep you on the edge of your seat with his humor and the latest information on the "buzz of insects" around us.

*"Tom Turpin presents -
Everything you need to know
about Insects but were afraid
to ask."*

NVON Conference Tours

Tuesday 12:00 p.m.—4:30 p.m.

Tour of Downtown Indianapolis will include tour guide and transportation. You will have a choice of drops at either of the following: Indiana State Museum, Indianapolis, Zoo, or Circle Center Mall. Many points of interest are within walking distance of all drop-offs. IMAX Theater, Eiteljorg Museum, NCAA Hall of Fame, White Water Canal Walk and Gardens. Pickups will be at 4:30 p.m. at same locations as drop-offs.

(Lunch will be on your own.)

There are numerous restaurants in the drop off area to choose from.

Websites for preview:

Canal Walk www.historiclandmarks.org

Circle Center Mall www.simon.com

Eiteljorg Museum of American Indians & Western Art www.eiteljorg.org

IMAX Theater www.imax.com/indy

Indiana State Museum www.indianamuseum.org

Indianapolis Zoo www.indyzoo.com

White River Gardens www.whiterivergardens.com

Spouse/Friend Tours

Tour # 1 Cost \$35.00
Visit the Indianapolis motor speedway grounds. You will tour the oval track, media center, Bombardier Pagoda, victory platform, garage area, gasoline alley, stand on the famous “Yard of Bricks and visit the Hall of Fame Museum.
Lunch cost is not included.

Tour #2 Cost \$25.00
Explore Indiana Agriculture
Take this all day tour and see what the Indiana Agriculture is all about. **Lunch cost is not included.**

SILENT AUCTION

HEAR YE !!! HEAR YE !!!

**WE ARE ON THE LOOK OUT FOR SOME GREAT ITEMS
TO BE AUCTIONED FOR
PENNIES FOR FRIENDSHIP
DON'T FORGET TO BRING YOUR ITEMS**





National Volunteer Outreach Network 2005 Conference Schedule

A Strong Foundation – Building from Within Step by Step

Monday, July 11th

- 2:00 – 3:00 p.m. – Conference Committee Meeting
- 5:30 – 6:30 p.m. – Registration
- 5:00 p.m. – NVON Board Dinner and Pre Board Meeting

Tuesday, July 12th

- 7:00 – 8:30. a.m. – Continental Breakfast included in your registration
- 8:00 – 1:00 p.m. – Receive Silent Auction items
- 8:00 – 1:30 p.m. – Registration
- 8:00 – 11:45 a.m. – NVON Board Meeting
- 9:00 – 10:15 a.m. – Craft Workshops
- 10:30 – 11:45 a.m. – Craft Workshops
- 12:00 – Noon board bus for Tour to Downtown Indianapolis
- 12:00 – 4:30 p.m. – Downtown Indianapolis (Lunch on own)
- 5:30 – 6:30 p.m. – Registration
- 6:30 – 9:30 p.m. – Indiana Night- Entertainment by IEHA Chorus members, Dinner by the Pool, Inside displays of Indiana Products & Tasting

Wednesday, July 13th

- 7:00 – 8:30 a. m. – Continental Breakfast included in your registration
- 7:30 – 8:30 a. m. – Registration
- 7:30 – 8:30 a. m. – Set up State Displays
- 7:30 – 8:30 a. m. – Silent Auction Open
- 8:30 – 3:00 p.m. - Spouse/Friend Tour 500 Motor Speedway (limited space)
- 8:30 – 11:30 a.m. – NVON Conference Opening Session (NVON Duties/Business Meeting)
- 10:00 – 11:00 a.m. – Vendor set up
- 11: 30 – 5:00 p.m. - Vendor sales – (Atrium)
- 11:00 - 1:30 p.m. - Luncheon (Time to get to know others attending)
- 1:30 – 5:00 p.m. – Silent Auction Open
- 2:00 – 3:00 p.m. – Seminars
- 3:30 – 4:30 p.m. – Seminars
- 6:30 p.m. – Dinner with Jon Burroughs “James Whitcomb Riley” impersonator

Thursday, July 14th

- 7:00 – 8:30 a.m. – Continental Breakfast included in your registration
- 7:30 – 8:30 a. m. – Registration
- 7:30 – 8:30 a. m. – Silent Auction Open
- 8:30 – 3:00 p.m. – Spouse /Friend Tour – Explore Indiana Agriculture
- 8:30 – 11:30 a.m. – General Session – Speaker Tom Turpin / Professor of Entomology Purdue University
- 11:30 – 5:00 p.m. – Vendor sales – (Atrium)
- 12:00 – 1:30 p.m. – Luncheon
- 1:30 – 3:30 p.m. – Silent Auction Open
- 2:00 – 3:00 p.m. – Seminars
- 3:30 p.m. – Silent Auction Closes
- 3:30 – 4:30 p.m. – Seminars
- 4:30 – 5:30 p.m. – Pick up Silent Auction Items
- 6:30 p.m. – Closing Banquet

Conference Chair: Jo Almond (317) 861-6276, e-mail: jea919@cs.com

Registration Chair: Magy Clark (812) 482-2399, e-mail: magyc401@yahoo.com

Registration information: The full registration fee includes Indiana Hospitality Reception on Tuesday evening, continental breakfast, lunch and dinner on Wednesday and Thursday.

Room Reservations: must be made with Four Points by Sheraton /Indianapolis - 7701 E. 42nd Street, Indianapolis, IN 46226. Phone 317-897-4000 Fax: 317-897-8100 Conference schedule, information and hotel registration available at <http://www.kinseth.com/indy2.htm>. Room rate: **\$82 plus 12% tax equals \$89.60 a night (one to four people)**. Be sure to mention you are with NVON to receive conference rate. Thirty (30) days prior to the conference the hotel will release the block of unbooked rooms to the public. Rooms booked after June 12th may receive conference rate if rooms are available.

Dietary Restrictions: Include any necessary dietary request with your conference reservation.

Workshop Registration: Choose the class you would like to attend in each of the time periods by placing the numbers 1, 2 or 3 (indicating 1st, 2nd or 3rd choice) in the space before the selection. Omitting the 2nd or 3rd choice will *not* insure placement in 1st choice. Classes will be filled as registrations are received.

Workshop and Seminar Fees: Craft Workshop and Seminar fees will be collected at the session door.

Registration Confirmation: If you would like to receive a registration confirmation please include a self addressed stamped envelope or your e-mail address with your registration.

Conference registration deadline is: June 12, 2005. *Your fee may be transferred but not refunded.*

Be sure to bring along a new item for the "Pennies for Friendship" Silent Auction.

Conference Schedule:

Monday, July 11th

2:00 – 3:00 p.m. - Conference Committee Meeting
5:30 – 6:30 p.m. - Registration
5:00 p.m. - NVON Board dinner and Pre-board meeting

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11:30 – 5:00 p.m. - Vendor Sales
12:00 - 1:30 p.m. - Luncheon
1:30 - 3:30 p.m. - Silent auction
2:00 – 3:00 p.m. - Seminars
3:30 p.m. - Silent Auction closes
3:30 – 4:30 p.m. - Seminars
4:30 - 5:30 p.m. - Pick up Silent Auction items
6:30 p.m. - Closing Banquet

Conference Chair: Jo Almond (317) 861-6276, e-mail: jea919@cs.com
Registration Chair: Magy Clark (812) 482-2399, e-mail: magyc401@yahoo.com

Craft Workshops: Tuesday, July 12th 9:00— 10:15 a.m.

Silk Ribbon Rose Embroidery

Ann Hamilton

Learn to do roses, leaves and stems out of ribbon floss. You will take home a finished product. Please bring small sharp scissors, small or medium hoop (5"-6"), sewing needles and white or pale pink thread.

Cost \$5.00



Rotographic

Embroidery

Lynn Gee

Join Lynn and learn a craft that is fun and easy to do. You will be taking home a finished product to enjoy or share with a friend. All supplies will be furnished.

Cost: \$5.00

Iris Folding Card

Pharaba Campbell IEHA Member

Iris folding is an easy folding technique with fantastic results. The starting point for the Iris folding is the pattern, which will be provided. Placement of folded paper strips, of 3 or more designs or colors, into a spiral pattern create unique designs. Iris folding started in the Netherlands. They used the insides of envelopes. You will be surprised how easy it is to do. All supplies will be provided to make 2 cards or note cards. However, if you have a small pair of scissors that will cut paper bring them. Blunt scissors for kids work fine.

Cost: \$5.00

No-Sew Pillow

Cathy Burnes IEHA Member

Making a fleece pillow couldn't be easier. Just bring a pair of scissors and you will leave with a finished product. All supplies will be furnished.

Cost \$8.00

Craft Workshops: Tuesday July 12th 10:30— 11:45 p.m.

Floral Angel

Sarah E. Kesterson, Designer/instructor

Enjoy fashioning a beautiful floral art angel with designer/instructor Sarah E. Kesterson. Project will travel well with you for your holiday home. All supplies furnished.

Cost: \$8.00

One Stroke Rose Painting

Kay Cox

This session will teach the student the art of One Stroke Painting (shading and outlining with one stroke). We will learn how to paint the rose. All materials will be furnished and the student will take home a gift bag they themselves have created.

Cost \$10.00



Craft Workshops: Tuesday July 12th 10:30— 11:45 a.m.

Silk Ribbon Rose Embroidery

Ann Hamilton

Learn to do roses, leaves and stems out of ribbon floss. You will take home a finished product. Please bring small sharp scissors, small or medium hoop (5”-6”), sewing needles and white or pale pink thread.
Cost \$5.00

Rotographic Embroidery

Lynn Gee

Join Lynn and learn a craft that is fun and easy to do. You will be taking home a finished product to enjoy or share with a friend. All supplies will be furnished.
Cost: \$5.00

Seminars Wednesday July 13th 2:00— 3:00 p.m.

Covered Bridges - Lore & Legend

Sherman Chancellor

Mr. Chancellor and his wife have visited 139 of the 800 covered bridges in the states. He conducts an Elder Hostel at St. Mary of the Woods the week before the Parke County Covered Bridge Festival. They spend a day discussing covered bridges and then a day visiting them. Come join him as he takes us on a journey into the past and explore the legend and lore of these wonderful structures.

How Secure is Your Future..... Nancy M. Porter, Extension. Family Resource Mgmt. Specialist

For most people, timing “end-of-life” with the “end-of-money: is not possible. This session will help participants construct a financial time line, recognize common factors that increase the risk of facing later life financial insecurity, and discover resources to help them make more informed decisions.

Aprons: - An American Icon

Jackie Bauman, Extension Educator, Putnam County, IN

Do you wear aprons, or remember your mother or grandmother wearing them? This once constant garment has almost disappeared from the modern kitchen. Join two apron collectors for this program, which will include a “fashion show” of aprons from past to present, as the presenters share nostalgia and information about the history and use of the apron in America.

Indiana Dairy Council

Diane Ruyack, MS, RD, CD Director of Nutrition Indiana Dairy Council

Have you ever made Ice Cream in a zip lock bag??

Barb Kinzer IEHA

With a shake, shake, shake, find out how milk can benefit your life style more today than ever before. Diane Ruyack of the Indiana Dairy Council will update you on new research about 3-A-Day dairy, weight management, osteoporosis, high blood pressure andyou will go away with a sweet treat to enjoy.



Seminars Wednesday, July 13th 3:30 - 4:30 p.m.

Fun Activities to Teach Character Counts

Ruth Ann Anderson and
Grace Staggs, WV CEOS

This session will provide hands-on activities that can be used at club or county meetings. Come prepared for fun and movement. You'll get ideas to take home and use!

Bright Days—Restful Nights: Understanding, Preventing, and Overcoming Depression in Women

Doug Burnham—Health Specialist—Univ. of KY

Workshop objectives are to: 1. Identify signs and symptoms of depression 2. Explore why women might be particularly vulnerable to depression, 3. Explore ways to prevent depression and 4. Finding ways to manage and overcome depression. The workshop will use research based information and experiential discussion to achieve objectives.

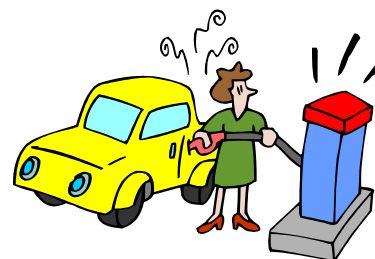
Gourds: Growing, grafting, shaping and decorating H. R. Miller Indiana Gourd Society

Learn how to grow, graft, train and decorate a gourd. HR "Honeybear" Miller, a member of the Indiana Gourd Society, will also explain what it takes to have a show quality gourd.

Gas Pump Safety

Cathy Burkett, Past Extension Educator

Static electricity is causing more refueling fires every year. Learn gasoline safety precautions, how to prevent static fires, and what to do should you have a static fire. A video of actual static fires will be shown.



Seminars Wednesday, July 14th 2:00 - 3:00 p.m.

Heritage Skills, Preserving & Reviving

Mary Ann Sheperd
Betty Oliver Arkansas AEHC

World Wide there is a revival of heritage skills to preserve a part of the historical and simpler way of life. This class will try to cover the history of how heritage skills began out of necessity in everyday living. We will cover the arts and crafts that were made in the home. This class will also cover care and use of these heritage items. We will have samples of quilting embroidery, crocheting, baskets and others

International Project, ACWW/CWC

Pam Hanfland NVON President
Jo Almond NVON Vice President

Join Pam Hanfland, NVON President and Jo Almond, Vice President as they talk about the NVON Tarahumara Indian, "Stitches for Survival" project and update you on the happenings of our national and international organizations.

Seminars Wednesday, July 14th 2:00 - 3:00 p.m.

How to Make a Million; Plants, That is!

Rosie Lerner, Purdue University Horticulturist



Horticulture plant expert Rosie Lerner will give an overview of plants propagation and how to use this information at home and in the garden.

Clutter!! Clutter!!!

Maureen Buskirk Extension Educator

Clutter Clutter?? I Know it's Here Somewhere

I can't get it all Done! Now where did I put it? Yicks, Cave in!! Sound familiar. If so you need to attend this fun and educational program.

Seminars: Thursday, July 14th 3:30— 4:30 p.m.

Quilts and the Underground Railroad

Ellie Maroon, Illinois - IAHC

Ellie will relate the story of quilt patterns used to communicate with slaves and point their way along the road to freedom. The patterns used will be shown along with a handout showing them. There will be information about the routes taken and the hardships along the way. Some books for children that feature quilts and patterns will also be a part of this presentation.

Creating Your Own Hometown

Judy Bender - Wisconsin WAHCE

Lylene Scholz - Wisconsin WAHCE

Creating your own hometown is a hands-on learning activity that can be used to foster good decision making, awareness of land use issues, and an understanding of the complexities of community problems. You will be given directions for taking this activity back to use in your own communities.

Indiana Agriculture: Gifts to the World

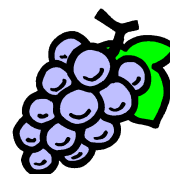
Beth Green, Extension Educator, Noble Co, IN

Indiana often gets a bad rap as a state. Our youth dream of moving away, retirees rarely dream of locating in Indiana, and the state is often viewed as "On the route to someplace more appealing." But the facts are that Indiana agriculture makes a great impact on the economy. In this program the top 20 Indiana commodities are highlighted

Indiana Wines, History and Education

John Wilson, Indiana Wine Growers

Join John Wilson, co-owner of Wilson Wines, and learn about Indiana wines, their history and products.



NVON Membership Information

Dues are \$15.00 for a (3) three year membership

\$5.00 is applied to each of the three years to cover the cost of the newsletter and mailing.

To keep the newsletter coming to your home please make sure your membership is current.

Please send your check - Made payable to **NVON**

To: Jeanne Ellis

Route 2 Box 35

Mt. Olivet, KY 41064

Encourage friends and other members of your state organization to become individual members of NVON.



National Volunteer Outreach Network

Be sure to check your address label for the date that your membership needs to be renewed.

The Month and year will appear on the top line of the address.

NVON Project in Common 2004-2005

Dare to Be Healthy

Develop Awareness & Responsibility through Education

Objective: Inform women of health issues

Plan of Action:

1. Highly recommend members read and improve their health
2. Plan a Women's Health Week
(starts Mother's Day and ends the following Saturday)

Suggested Activities:

1. Plan a state wide walking program
2. Plan sessions, at State Conferences, on healthy activities and/or foods
3. Sponsor an activity for a Health issue
4. Promote having a speaker at a county/unit function
5. Plan a Health Fair (county/unit)

Suggested Websites for information:

1. www.4women.gov/owh/
2. www.healthfinder.gov
3. www.webmd.com
4. www.drkoop.com

For more program ideas to use...contact

Jo Almond
Vice President
11753 N. Shelby 700 W
New Palestine, IN 46163



NVON Project in Common
2006-2007

Tarahumara Indians – Mexico



**NATIONAL VOLUNTEER
OUTREACH NETWORK**

Beverly Eamhart
NVON Newsletter Editor
68906 C. R. 33
Goshen, IN 46526

*Member Organizations working Together to
promote Communication, Education, &
Volunteerism for all People*

[NVON.ORG]

The National Volunteer Outreach Network was organized by members of 7 states in 1995, for the purpose of working together to promote communication, education and volunteerism within their membership. Annual meetings are held each summer to share educational information and promote a Volunteer Project in Common Activity. NVON is a non-profit organization consisting of nearly 75,000 members from the states of Arkansas, Illinois, Indiana, Kentucky, South Carolina, West Virginia and Wisconsin.

NVON is associated with ACWW (Associated Country Women of the World) - a non-political, non-sectarian international organization of over 9 million members in women's societies in 71 countries. ACWW works to improve standards of living for all women and their families through its worldwide projects.

NVON is also affiliated with CWC (Country Women's Council) a coordinating council composed of ACWW member societies in the United States. It meets annually to promote the work of ACWW. This umbrella of member societies include, American Farm Bureau Women, National Master Farm Homemakers Guild, National Volunteer Outreach Network, Women's National Farm & Garden Association and 55 + Affiliated state societies.

