



## Betty Buff Bids us Farewell

Over three years ago I was installed as your president and in just a few months that three year term will come to a close. It has been a *happy* “adventure” in which I have enjoyed tremendous support in ALL that I have suggested we attempt to do. Making the National Volunteer Outreach Network a workable organization to meet the needs of the members and also those we reach through our volunteer efforts has been a combined focus.

The theme for our NVON Annual Conference in North Charleston, South Carolina was Visions of The Future “Building on The Past”. We looked back and also looked to the future, thinking about the things that have been accomplished to make NVON a viable and capable, alive and vibrant organization. Then we looked to the future and *happily* dreamed about what we could accomplish in the years to come.

During the conference the gift of over \$1000.00 to fund my choice of an Associated Country Women of the World Project was truly rewarding to me. I understand that Pam Hanfland is still

receiving money to add to this gift. This recognition certainly made me *happy*. Most of you know



of my concern for the people of the world who have so little, and yet continue to survive each and every day. Through ACWW projects and programs they are given a reason for living and taught how they can help themselves. I have written to the ACWW Projects Chairman, Val Tarrant, and requested that she suggest a project from the many requests that are received at the ACWW office. *Happiness* will be the outcome of this gift. Watch for an update on the ACWW project funded by this NVON gift.

*Happiness* also comes from the thoughts that I think...and hold on to....and the actions I choose to take. Working to develop a NVON Handbook was a thought that I had. I chose to take that thought to completion. You would not believe how satisfied

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## Carol Webb

## 2002-2005 NVON Advisor

Dear NVON members:

As I write my last words to you as your advisor, I can't help but reflect on the past three years and how much I have grown to respect your organization and its leaders. In my professional career working at a University, I have been active in numerous state and national professional associations. They were well run associations but I know many times the secretaries or others employed in their offices helped the people get their job done. They had access to the finest equipment and technology to get their job done for their association. Your leaders on the other hand, are working without the benefit of a professional secretary to file and type their correspondence, and with only the equipment that they have in their home office. Since I have been retired I really appreciate how a good secretary can make you look organized and efficient. Working out of your home can be very difficult in keeping association paperwork separate from household bills, etc.

Working under these conditions has not been a negative in any way for your association. Your leaders carry out their responsibilities in an outstanding manner. They invest countless hours in planning meetings, working on by-laws, updating

histories, and thinking about how to make your organization stronger. The people who represent you are top notch and could hold their own with any other professionals. I certainly admire their drive and dedication to carry out their duties and represent you. The entire board works so hard to solve problems and craft solutions in board meetings so the membership will not be bored with long and cumbersome meetings. The host state plans enjoyable and educational meetings. Your involvement on the international scene is outstanding and something to talk about to your friends and be proud of.

Working with you has been my privilege and certainly a highlight of my career of 30 years in Extension.

Sincerely,  
Carol J. Webb, Ed. D.  
NVON Advisor



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**Thank you**  
**Maureen Zoerner** **NVON Secretary**

As the year winds down we also have to say goodbye to Secretary, Maureen Zoerner. Thank you, Maureen, for a job well done. You have given us the important information needed from each board and business meeting of the past two years.

Your work has not gone unnoticed and your smiling face and laughter will be missed from these meetings.

May we continue to see you at the upcoming

conferences to keep us all in stitches with your wonderful jokes and stories.

The minutes of our past conference can be found on pages 6-8.



## Betty Buff

Continued from page 1

and *happy* I feel as you tell me you appreciate the Handbook. Being kind and generous to the organization and you was something I wanted to be when I became your President.

As NVON continues to focus on what's right instead of what's wrong there will be a great future for all of us. Together, we must understand what can't be controlled, and look for those visions/dreams that will make our leaders and our membership *happy*. Just remember, happiness is more how we think than how we are. Whatever is planted in our hearts will become the final product. Plant *happiness*, and *happiness* will surround you.

Thank you for all you mean to me and for the happiness you have brought to me during my time as your NVON President.



*Betty Buff*

## Arkansas Extension Homemakers Council, Inc.

Arkansas Extension Homemakers Council, Inc. has as their Major Educational Emphasis, for the years 2003-2005, "Physical Activity and Your Health"

For 8 weeks, February 29, 2004—April 24, 2004, "AEHC Walked Across Arkansas"

The program was put together for us by Dr. Russ Kennedy, Assistant Professor-Health and Aging Specialist, University of Arkansas Cooperative Extension Service.

There were 141 teams state wide. Each team had to have at least one EHC member. The Walking teams consisted of 7 members and one captain.

The captain of the teams would report the team total (weekly) to the county EHC president. The president would then report the teams' total miles (weekly) to the county office, and from there they were reported to the state office.

Paper work that was involved, was very easy to fill out, Individual Registration Form, Individual Mileage Log, Team Registration Form,

and the Team Captain's log. (The mileage log was to keep track of miles walked and pounds lost).

Arkansas has 75 counties and is divided into three Districts for Extension. The top three teams in each district were rewarded for their miles walked.

The highest number of miles walked by a Single Team was 2,064.25 miles. This was in the rural delta county of Clay.

The highest District total was 33,455.10 miles, in mountainous Ozark district. Total "Arkansas EHC Walks Across Arkansas" miles are 78,667.88.

The goal was to enjoy the exercise of walking and to have fun doing it.

Arkansas NVON State display was entitled "AEHC Walks Across Arkansas."

Mary Ann Shepherd

AEHC President 2004-2007

## Meet Arkansas President..... Mary Ann Shepherd

### Greetings:

I was born in Port Huron, Michigan, and raised just 20 miles north of there. Living so close to the Blue Water Bridge that goes to Ontario, Canada, I was in a foreign country many times before I was in a different state.

My father was a UAW worker and died when I was 18. My mom is still living and is 89 years of age. She still belongs to her local EHC club (I guess in Michigan they call it FCE at this time) She was a 4-H leader for over 62 years. I have two sisters, one older and one younger than I am.

I was a member of 4-H for 11 years, a junior leader, adult leader and a member of the Michigan State 4-H Service Club. I have been a 4-H leader in California as well as Arkansas. In 1964 I went to Oregon to visit an uncle and aunt and stayed.

My husband Jim and I were married in Medford, Oregon Methodist Church in February 1968. We have 2 children and 6 grandchildren.

Christina was born in 1970 and lives with her husband and 6 children in the mountains of northern California and they are in the logging

business.

Bradley was born in 1972, is a lawyer and lives with his wife Gail, an architect, in Fayette, Arkansas.

We inherited a boy (no relation) in June 1987. He is in the Army and is now in Mosul, Iraq and his wife and children are in Ft. Lewis, Washington.

California nor Oregon had women's extension, but, I found them again in Arkansas.

I've served as county Secretary and President as well as State Secretary and now as President.

Jim is an accountant, semi-retired and we live about 7 miles from Missouri state line near Maynard, Arkansas.....with an address of Pochontas.

*Mary Ann Shepherd*

State President

Arkansas Homemakers Council

## Illinois Association for Home and Community Education

Illinois Association for Home and Community Education has had some successful projects in the past year. We have continued our donations of money, baby clothes, books and book bags to the Fort Peck Indian Reservation, Poplar, Montana.

We also continue to collect embroidery floss and send it to Africa for the women to produce lovely works of art and clothing. Last fall our International Chairman, Nympha White, had a sales table of the things made by the African Women at all three of our District Workshops throughout the state where our members could view and purchase these items. Our goal was to inform our members of where their donations of embroidery thread is being used.

We also carried out the project of "Dare to be Healthy" with a five-a-day meal plan and our members kept a record of miles they walked for exercise. Some counties collected various items for Veteran's Homes and Hospitals and Women's Crisis and Pregnancy Care Centers.

We strive to help our neighbors at home and also abroad.

*Marion Ries,*

President IAHCE



# Indiana Extension Homemakers Association

Indiana Extension Homemakers Association has 17,018 members and 1330 clubs. Our 10 Spring District meetings were held in March from the 2nd to the 18<sup>th</sup>. Over 1000 members total were in attendance.

The program for the district meetings was "What is Pre Diabetes and How it Affects our Lives". We had representatives from the American Diabetes Association in Indianapolis and from local Hospital Diabetes Education Departments to do the program. This was done as a part of the "Dare to Be Healthy" promotion. Rosalind Richey also introduced her "Stepping it up with IEHA" program for this next year, that also goes along with the "Dare to Be Healthy" program and is in partnership with "Indiana on the Move" and "America on the Move"

Four delegates attended ACWW in Hobart, Tasmania, Australia, in March. The four, Beverly Earnhart, State President, Rosalind Richey, State President-Elect, Magy Clark and Ellen King, both past State Presidents served as our delegates to the triennial. We learned a lot about ceremony and the conducting of the business meeting. The State of Tasmania is beautiful and we enjoyed getting to explore it while there.

The "icing on the cake" for the 4 of us was the opportunity to visit in the homes of CWA members in New Zealand on the way home.

We each stayed with a different family and were given tours of the local area.

The members and Hawera's Mayor of 12 years, Mary Bourke entertained us one afternoon with tea. The newspaper was there and did a nice write up about the American visitors. We were guests of honor at a Potluck Tea that evening. Spouses were included, which was nice. We spent only two days in New Zealand but it was a time to forever remember and our hosts were wonderful.

Our Education committee presented a new video this year. The video is on the following information: Identity Theft, Skin Cancer Awareness and Online Shopping.

We gave a copy to each of the NVON states to take home and use. The packets contain a video and DVD, along with the study guides and evaluation sheets. The evaluation sheets may be copied as well as the study guides.

One of our current major projects is a Statewide Cookbook that we plan to have available for our Conference next June and the NVON Conference in Indianapolis, 2005.

We look forward to hosting the NVON states in 2005.

*Rosalind Richey*

IEHA State President 2004-2005

## NVON Project in Common

**2006-2007**

### Stitches for Survival

Tarahumara Indians—Mexico

The NVON International project for 2006-2007 will be supporting the Tarahumara Indians in Mexico.

The following suggested NEW items are needed.

#### Please send to:

Cathy Burnes  
Tarahumara Indians—International  
6838 South Gray Road  
Indianapolis, Indiana 46237

#### New items needed:

Beads	Lace
Hand needles	Scissors
Thread	Bias Tape
Pins	

5-6 yards colorful cotton or blended cotton material. Check website: NVON.org for forms to accompany your

#### donations.

If you have questions please contact:

Jo Almond	317-861-7276
11753 N. Shelby 700 W	



**NATIONAL VOLUNTEER OUTREACH NETWORK  
ANNUAL BUSINESS MEETING  
NORTH CHARLESTON, SOUTH CAROLINA  
JULY 16-17, 2005**

President Betty Buff opened the session by introducing the NVON member state presidents and second voting delegates as they presented their state flag, followed by the introduction of the Advisor, Editor and Executive Committee.

**Pledge of Allegiance:** was lead by Rosalind Richey of Indiana.

**Thought for the Day:** given by MaryAnn Shepherd of Arkansas.

Conference Chair Pam Hanfland welcomed everyone to the conference and South Carolina.

President Betty Buff then introduced our speaker Dr. John Kelly, Clemson University Vice President for Public Service and Agriculture. Dr. Kelly gave a very warm and enlightening talk to the assembly.

President Betty Buff called to order the 6<sup>th</sup> Annual Conference Business Session and appointed Carol Webb as Parliamentarian.

**Roll Call:** Secretary Maureen Zoerner presented roll call. She reported that all credentials were in order and on time.

**Rules of Conference:** Vice President Jo Almond read Rules of NVON 2004 Conference. Rules Adopted.

**Conference Program Book:** Corrections to Program Book given by Jo Almond.

Motion #1: I move we accept the adoption of Annual Conference Program Book as corrected. Motion made by Patricia Breznay, South Carolina seconded by Rosalind Richey, Indiana. Motion passed.

**Minutes:** Minutes of July 23-24, 2003 read by Secretary, Maureen Zoerner. Minutes approved with clerical corrections.

Maureen Zoerner then read minutes of September 27, 2003. Minutes approved.

**Financial Report:** Jan. 1-Dec. 31, 2003 presented by Jeanne Ellis, NVON Treasurer. Following verification by NVON Financial Review Committee report will be filed.

The Treasurer then presented a financial update January 1-July 15, 2004 for information.

**Board Report:** President Betty Buff gave Board Report of July 15, 2004.

Motion #2: I move that the Board Report given by Betty Buff be accepted. Motion made by Rosalind Richey, Indiana and seconded by MaryAnn Shepherd, Arkansas.

**2005 Budget Report:** Presented by Jeanne Ellis. Following discussion, budget with housekeeping changes accepted.

**Project in Common 2006-2007:** Jo Almond gave report from board on this Project. The board approved a project with the Tarahumara Indians of Mexico. A list of their needs etc. will be given to States at a later date.

**Nominating Committee:** Jo Almond as chair of nominating committee reported there was one nominee for the position of Secretary. It was Nancy Remmers of Illinois. All her credentials are in order. Nancy spoke about her experience in secretarial work and her dedication to NVON. Jo asked for a vote by acclamation. Vote given. Nancy Remmers was accepted by vote of acclamation.

**Upcoming NVON Conferences:** Loretta Johnson, Arkansas gave an update on the 2006 Conference in Hot Springs, Arkansas. Mabel Harned gave information about the 2007 Conference in Lexington, Kentucky.

Updates were given by NVON VISION Editor, Beverly Earnhart: Treasurer, Jeanne Ellis: Secretary Maureen Zoerner: Vice President, Jo Almond: and President Elect, Pam Hanfland.

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### **Projects in Common:**

Jo Almond gave reports on DARE and 'Clothe a Child'. Louise Nichols gave report on the ongoing 2000 Project in Common, 'Threads for Hope'.

### **Member States Reports:**

Arkansas: Walk Across Arkansas, Physical Activity.  
Illinois: Fort Peck Indian Reservation, Montana, Clothe a Child Project.  
Indiana: Dare to be Healthy, Step it up.  
Kentucky: Health Vision and Vitality  
South Carolina: Internet Service Data Base.  
West Virginia: Linus Project, Program for newborns.  
Wisconsin: First Book.  
Carol Webb, NVON Advisor gave us words of Wisdom to think about.  
Meeting recessed at 11:30 am.

President Betty Buff gave her Update on Saturday morning, relating accomplishments in NVON of the past two years, plans for the remainder of this conference, some contacts with member states who are not affiliated with the national organization, her activities in NVON affiliated organizations, and visits plus plans for visiting NVON member states. Her comments included the following statements: "During the past couple of years many of you have been asked to do 'the impossible', and together we have done what many felt was impossible. Because of you the future looks bright for the National Volunteer Outreach Network".

Beverly Earnhart and Rosalind Richey presented a report on the 2004 Associated Country Women of the World Triennial Conference held March 23-29, 2004 in Hobart, Tasmania, Australia. Their report included resolutions and recommendations passed at the conference.

Business Meeting of NVON reconvened at Banquet on July 17, 2004 with President Betty Buff presiding.

2004 Conference Chair Pam Hanfland introduced the conference committee chairs.

### **NVON Board Installation:**

Carol Webb NVON Advisor presided at installation of 2005 Board.

Pam Hanfland: President.  
Jo Almond: Vice President.  
Nancy Remmers: Secretary.  
Jeanne Ellis: Treasurer.  
Beverly Earnhart: Editor.  
Betty Buff: Advisor.  
State Presidents.

Each member of the board was presented with flowers.

Pam Hanfland gave statement of affirmation. 'A Strong Foundation, Building from Within'.

Betty Chinnners gave report on registration. There were 169 fulltime attendees and 8 part time attendees. Total 177.

Betty McGregor reported the Silent Auction netted \$1,050.00 for ACWW.

Pennies for Friendship netted \$313.60 for the ACWW PFF Fund.

Kentucky presented Betty Buff with an assortment of Kentucky souvenirs for her years of service and dedication to NVON.

Pam Hanfland presented Betty with a gift of sincere appreciation and thanks.

A gift of \$1,000.00 was presented to Betty from NVON members to fund an Associated Country Women of the World project of her choice.

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## Annual minutes continued from page 7

Motion #3: I move that members of NVON extend a sincere 'vote of thanks' to Betty Buff and others who have donated so very much to this organization in our early years, which has resulted in our having a healthy treasury balance. Motion made by Rosalind Richey, Indiana and Rene' Siria of Kentucky. Motion passed unanimously.

Betty Buff thanked the NVON Advisor, Dr. Carol Webb for all her help and expertise given to Betty and NVON.

Indiana invited us to Indianapolis in 2005 with an unbelievable and hilarious rendition of the 'Indy 500'. You had to be there to appreciate how 'fast' those 'cars' moved.

**NVON- "AMERICA'S BEST":** A moving visual and musical tribute to member states was prepared, coordinated and presented by Dan Hanfland. It was a PowerPoint presentation MIDI interfaced with a Yamaha Clavinova Digital Piano played by Dan and generously provided by Fox Music House in Charleston.

President Betty Buff gave her closing remarks and ceremoniously passed the gavel to incoming NVON President Pam Hanfland.

Meeting adjourned  
Maureen Zoerner, Secretary

## Rosalind Richey

## IEHA President 2004-2005

I attended my first "Home Ec." club meeting in January 1980 at the invitation of my mother-in-law, Donnie Richey. I was fascinated listening to the various experiences the women related. I had no idea at that time that joining a local club would eventually give me the opportunity to travel half way around the world as a representative of this organization.

I am the oldest of seven children, born to Keith and Jean Painter in rural Henry County Indiana.

My Husband Dan and I were married after we graduated from Purdue University in June 1975.

Dan worked for General Motors for almost 27 years before transferring to Delphi Corporation. He now works in Advanced Technology in Kokomo, Indiana. We have three children who are all Purdue graduates. Lisa just completed requirements for a second major in biochemistry and is working for Monsanto in Lebanon, Indiana. Ben, who had a double major in animal science and ag communications, recently became the director of communications for the National Institute for Animal Agriculture in Bowling Green, Kentucky.

Mark is a 2004 graduate majoring in soil and crop management, and is working for Keesling Farms in Northwestern Henry County.

I have come to appreciate that each one of us is special. We each have been given different gifts and talents, and it is up to us to put them to good use. I chose the theme "Build for Tomorrow, Step by Step" as a continuation of Beverly's theme of change from last year. Change is not always easy, but making it in steps, helps us to adapt more easily.

I look forward to a busy and productive year. We have already taken a step toward better health with the "Stepping it Up With IEHA" walking program.

*Rosalind Richey*

IEHA President

2004-2005



## Wisconsin Association of Home & Community Education

Started in 1998, WAHCE continues to enjoy the success of our growing First Book Program. HCE volunteers are now reading monthly during the school year to almost 6000 children and providing 51,000 books to WI children free of charge. We hope and believe that by providing these books and encouraging their parents with take-home activities, we can foster a life-long love of reading and learning!

From time to time, our state board has been concerned about the lack of diversity in our membership. WAHCE has recently approved a new type of membership - a Household membership, and is defined as those living under one roof. We look forward to launching this new membership

drive this fall.

In addition, in keeping with our three year theme, "HCE Cares for Families and Communities," and NVON's project-in-common this year, all of our counties have offered health programs on food and exercise. Our marketing chair has ordered pedometers for sale across the state. Members were encouraged to walk, dance and play their way to health this summer.

Finally, WAHCE was pleased to fund two representatives to the ACWW Triennial in Australia this past spring. Opportunities to share this information are already being scheduled throughout our state.

*Judy Bender*

WAHCE State President

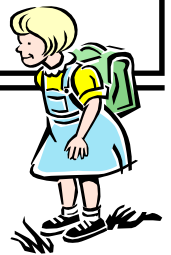
## Kentucky Extension Homemakers Association

"We are more than you think." Northern Kentucky Area Extension Homemakers adopted this as their slogan, but it is true of Homemakers all across the state. Some people have the idea we only cook, clean and sew. Yes, we make cookies and hem pants, but we do a lot more. KEHA is a volunteer organization that works to improve the quality of life for families and communities through leadership development and education in cooperation with the Kentucky Cooperative Extension Service.

KEHC members continue to contribute to the economy of the state through volunteerism. Members reported 783,430 volunteer hours for homemaker projects, schools, churches and other civic organizations. The Red Cross, Cancer research, hospitals, nursing homes, schools, 4-H members, county fairs, etc. all benefit from KEHA volunteers. Students and 4-H members receive thousands of dollars every year through scholarships offered by KEHA members on the county, area, and state levels.

KEHA is continuing with our Foster Bag Project. When a child is placed in foster care they often move around with all their "stuff" in a plastic bag or

old suitcase. The KEHA provides a new duffel bag for their personal items. Over 6,000 children have been served through this program during the past three years.



KEHA has continued with the NVON "Project in Kind - Clothe a Child" last year we collected over 17,000 clothing items, size infants to 2, for an Indian reservation in Montana. This year our emphasis was on "Keeping a Family Warm". Each one of our 1169 clubs was asked to donate one blanket for the project. They did much more. This summer we delivered 4,006 blankets and 7,191 pairs of socks to the reservation in Montana. Our Chair learned last year of the need for socks, so we also collected socks.

KEHA is very proud of the role we have had in the Ovarian Cancer Research program at the University of Kentucky. Our goal each year is to contribute \$1.00 per member and this goal is surpassed every year. Hundreds of our homemakers also participate in the research by getting a free ovarian cancer screening each year.

*Rene' Siria*

KEHA President

## Meet Kentucky's New President for 2004-2007 Rene' Siria

I was born and raised on a dairy farm in Lakefield, Minnesota, and obtained a degree in Elementary Education from Concordia College in St. Paul, Minnesota. I moved to Louisville, Kentucky, in 1969 to teach 4th grade at Martin Luther School. I also worked as a research assistant for an engineering firm.

In 1973, I married Bruce Siria. In 1974, we moved to Frankfort, KY, where we still live. We have 2 grown children, Stephanie, who is single, and David who is married to Tricia. On June 26, 2004, they presented us with our first grandchild, Tyler.

I spent 17 years as Executive Director of the United Way of Franklin County in Frankfort. I have been with "Completely Kentucky" for 12 1/2

years, where I sell handmade art and crafts. I enjoy reading, traveling and volunteering. I am also a member of the Frankfort Rotary and Hope Lutheran Church.

In 1975 I joined the Cloverdale Homemakers club and have been part of the Kentucky Extension Homemakers Association ever since. I've served in several county, area and state offices.

I am proud to have been elected to serve as president of KEHA and look forward to working with the other states in NVON.

*Rene' Siria,*  
President KEHA



## West Virginia Community Educational Outreach Service

***Clothe A Child*** 4343 Total items donated:

Items were donated to the following programs; Right from the Start, Mittens and hats to Head Start and Head & Hands Program, Angel Tree Projects at Christmas, Adopt a Family for Christmas, Project Linus, Boo Boo Bears to Police and Firemen for children.

5,282 Members gave to or helped with Energy Express or other summer activities

### ***Dare to Be Healthy***

Our State committees have goals to increase awareness of home and community health issues by providing CEOS members with educational opportunities that enable them to make informed decisions, about their family's health. To strengthen families and communities through enrichment, educational and community service activities that promote self-esteem. We have for the last eight years been active each October when we observe Cancer Awareness Day with programs and handouts about where women can get help with Pap test and Breast exams.

***Character Counts!***<sup>sm</sup> Is another project that we are continuing to use in our clubs, communities and state.

On July 5, 2004, an Exchange meeting was held in Port Williams, Nova Scotia between West Virginia CEOS and the Women's Institute of Nova Scotia. Those in attendance were Ruth Blenkhorn - President, Ellen Simpson - President-Elect, Marion Newcombe - Past President, Sharon Lynk - Kings East District Director, Julia Llewelly - Kings West District Director of WINS and Grace Staggs - President of WVCEOS. On July 8, I was ask to speak at the Annual General Meeting of WINS. By the end of the AGM about twenty of the ladies said that they would like to come to our conference, so we are looking forward to continuing this exchange of ideas. We are planning a follow up meeting at our conference in October 2004.



*Grace Staggs*

State President  
WVCEOS

## South Carolina Family & Community Leaders “A Success Project in the Works”

Communication is of utmost importance to the needs of any organization. Members need to feel they can be in touch with the Leadership of their organization and visa versa. With the cost of living on the increase, including postage, all organizations need to be cost conscious and creative in the ways they communicate with their membership.

The figures below were taken from census survey taken in August 2000:

Nearly 1/3 of all adults 18 and older and 1/5th of all kids 3-17 use e-mail.

Over half of the country's 105 million households had computers, the first time that percentage has been over 50 % since the bureau started keeping track of such figures in 1984. Computers were in 8% of households that year.

The cost of internet service is more reasonable than ever before. It is the most economical way to keep in touch with family and long distance friends. It is quicker than watching for several days anxiously awaiting exciting news by mail. If you do not have a computer or internet service in your home, public libraries have computers with internet service. They regularly provide classes on how to use the computer and internet as it relates to the library needs.

At the 2003 NVON conference in WI, I reported we had placed our total membership of 2581 members on a database to include 29 different fields per member. These fields help us keep track of civil rights, choose programs and education lessons for different age groups and custom design our workshops for members needs. It has proven very helpful.

In order to meet the budget of our state government a number of our advisors have been offered retirement packages too incredible not to accept. With that, we have experienced many more

retirements since last year. Now with limited personal in each extension office we need to find more efficient and economical ways to communicate with our members. In an effort to meet these needs we have begun the process of collecting at least one e-mail address per club. We have 161 clubs in 38 counties, which to us seems like an enormous task.

I am pleasantly delighted to report that members have been eager to help with this endeavor. When called, members suggested ways they might receive information: A daughter living with them who has e-mail, a son who lives next door who has e-mail, a grand-daughter who knows how computers work that can help her grandmother with her computer and a close friend who would be glad to share their e-mail for this worthy cause. We are well on our way to contacting each club and so far have 75% participation.

We are in the early stages of this project. We look forward to getting all contacts and implementing it as a successful means of communication.

I know of other organizations that use this method to communicate with their members and it works very effectively.

We are considering another possibility, and that is to purchase a 1-800 number for members to contact us. We have not investigated this option but will weigh it as another means of communication.

I knew when given a task our members would come through with flying colors as they always do. They are the most generous, courteous and helpful people I know. With their help we can overcome any challenge and come out better than ever before. Stay tuned for our progress

*Pat Breznay*

State President SCFCL

Mark your calendar now and watch for details in January issue of VISION for  
NVON Conference in Indianapolis  
July 12-14, 2005 - Four Points Sheraton Hotel - I465 & Pendleton Pike



Did you attend the NVON conference?

You missed a great one if you didn't. 6 IEHA members headed to southern Indiana for a rendezvous in Brown County, left our extra cars, loaded up our gear and headed off to Charleston. The drive is a very nice one and I got to take in the scenery this time as someone else was at the wheel. We traveled as far as the visitor center in Berea, Kentucky, exploring the arts and crafts as well as tasting the ice cream. While there we met the ladies from Kentucky who were on their way to NVON. (Small world and it gets smaller.) We stopped at a rest park to get a map in North Carolina and who should be there but Jo Almond and her parents (from Indiana). They were having car problems and the county highway people couldn't travel with them any further as this was the end of their jurisdiction. We followed them to the next stop where we could get their problem fixed, bad gas .. with some fuel additive we were once again on our way. (without maps, the park office was closed). The overnight stop had us connecting with others from our state, and other states, traveling to NVON. We didn't know ahead of time we were all staying the same place. We arrived safe and sound in Charleston and got registered. It took forever to get unloaded. Do you have any idea how much space it takes to travel with 4 racecars and their racing gear? Shhhhhhhhh!!!! It's a secret what we are doing for the banquet.

The board and state presidents met that first evening for a meal and some lively conversation. Some of us "Northerners" had a taste of "Good ole Southern Cooking"- Mustard Greens, for one ...I'm thinking that it is a good thing some of us don't have to live in the south permanently or we might get a bit hungry when it comes time for veggies.

The hostesses for NVON are great. While the NVON board is in a meeting they work on registration and morning sessions. After lunch we board our busses for the tours of the Charleston area. Some went on the Historic Charleston tour and spent time in the Old City Market after a guided tour of the surrounding historic homes along the harbor. The homes are absolutely beautiful. We then traveled to Sticky Fingers for a Southern BBQ dinner. Others took the tour to Boone Hall Plantation and then on to Historic Charleston and the Old City Market. That evening we attended the South Carolina reception and learned about southern charm, some new (old) dance steps, known as the reel, how to properly use a fan, and other etiquette lessons

from Evelene Stevenson of Beaufort S.C. Fun!! Fun!!

We were up early Friday for the business session. States delegates and board members were introduced. We heard a welcome to South Carolina from Pan Hanfland and greetings from Dr. John Kelly of Clemson University. President Betty Buff called the meeting to order and we listened to the roll call, reports from committees and upcoming Project in Common information. Member States gave reports from the past year's work and Carol Webb, our advisor, left us with some words of wisdom to think about.

**(For more details on the business meeting see the minutes on pages 6-8)**

Our lunch was held at poolside, with entertainment by Becky Starnes, impersonating her favorite character - Minnie Pearl. She kept us all in stitches with her jokes and down home stories.

In the afternoon we could attend one of several sessions including; "A Moment on you lips and Lifetime on your Hips", "Saving our Past: Preservation of Family", "Targeting New Audiences", "Cornbread, Pot Likker and Sweet Ice Tea" to name a few. Friday evening was topped off with a meal and our dinner speaker, Kirby Player, from Clemson University, as he told us about "Arching toward Success"

Saturday morning came bright and early and we attended the general session where we heard Betty Buff relate accomplishments in NVON of the past two years, plans for this conference and plans for the future.

Rosalind Richey and Beverly Earnhart gave a slide report on the ACWW Women of the World Triennial held in Hobart, Tasmania, Australia in March 2004. Their report also included copies for everyone, of the resolutions and recommendations that were passed during that conference. The morning session ended with entertainment by Jeff Flanders and his companion "Gertrood Da'Duck". What a pair!

The Charleston Clover 4-H Club entertained us at lunchtime with their musical talents.

Sessions for this afternoon included, "Sweet Grass Basket Making", "Mushrooms, - a Good Idea", "Color adds Nutrition", "A Peacock in the Land of Penguins", "Seafood, Salads and Sauces", and "Meeting Tips and Tricks - Treats for Success" and others. All of the sessions were well received by the attendees.

The banquet was held on Saturday night. We had installation of new officers and thanks given to those going off the board.

Please see "Charleston" page 13

## Charleston continued from page 12

Pam Hanfland gave a statement of affirmation. "A Strong Foundation, Building from Within".

Bette Chinnners reported the registration totals of 169 fulltime attendees and 8 part timers for a total of 177.

The Silent Auction was a great success , taking in \$1050.00

Betty Buff was presented with gifts to thank her for her years of service as our president. She will turn over her Presidential duties to Pam on January 1, 2005.

The hall was placed into pandemonium when the racing team of IEHA entered and roared around the room. The invitation to visit Indiana for NVON conference in July 2005 was given by the narrator along with sound

effects. But I don't believe the narrator was ever heard over the roar of the crowd cheering for their favorite driver. It was a fun evening and it ended on a very patriotic note with pictures of the USA, accompanied by the music of Dan Hanfland on the digital piano.

Thank you South Carolina for a great time. We look forward to next year and NVON conference.

Be sure to bring lots of friends along with you.



## 66th Annual USA Area Meeting of ACWW Hosted by CWC

The 66th Annual USA Area meeting of ACWW was held September 23-25 2004, in Greensboro, NC.

A tour of Old Salem on Thursday gave us a look into the lifestyle of the 1700's Moravian settlers to North Carolina. Our day ended at the Asheboro Wesleyan Church with a "Pig Picking BBQ" complete with hush-puppies and Southern Gospel and bluegrass music

The Piedmont Triad Area Girl Scouts presented the colors to open the Friday meeting. Doris Davis, President of NCECA and Dr. John Ort, Assistant Vice Chancellor and Associate Dean and Director of NC. Extension Service greeted and welcomed us to NC. Jean Ehlinger, CWC Chair, introduced the CWC board members and welcomed the new members.

Betty Buff conducted the memorial service for Berta White and Mildred Talbot.

An announcement that NAFCE has chosen to withdraw from CWC left a vacancy in the rotation for officers. In a special election, Dot Beason, Alabama Home & Community Leaders was elected to fill the position of CWC Vice Chairman (January 1, 2005 - December 31, 2007).

The CWC newsletter will be sent first class mail from now on. Many are not being received with the bulk mailing.

Pam Hanfland, NVON, will be setting up a website for CWC. Attending members received an orientation notebook on CWC. Reports were given by member societies on projects completed or worked on this past year.

Kay Engelhart, USA Area President, introduced the

guest speaker, Dr. Philip Schwab, PH. D. He spoke to us on Biotechnology -"Salvation or Frankenfood". He explained the need to find a middle ground on Agriculture biotechnology. He told us of several projects that he has been involved in around the world using this information and the questions that must be answered before putting some of the engineered products in the field or on the market.

The resolutions and recommendations passed at triennial were explained and suggestions to put them in action were given. Louise Nichols reported on ACWW projects and how they are funded and monitored.

### **New Letter friends contact will be:**

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27284 South Dakota Rd.

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We were entertained by the "Morning Glories Chorus, at lunchtime, Starr Storey Cromer at Vespers and Loretta Beam and Libby Baxter on Hammered Dulcimer and Guitar at the banquet.

Dr. LuAnn Jones, Author of "Mama Learned us to Work" was the banquet speaker.

Thank you to North Carolina for being wonderful hosts.

By Editor

Beverly Earnhart  
and staff

# NVON OFFICERS 2004

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## *Dates to Remember*

### NVON ANNUAL CONFERENCES

July 12-14, 2005 - Indianapolis, Indiana

July 18-20, 2006 - Hot Springs, Arkansas

July 19-21, 2007 - Lexington, Kentucky

### *NVON Member State Conference dates:*

Arkansas EHC	June 7-9, 2005 Hot Springs convention Center Hot Springs, Arkansas	Kentucky EHA	April 18-20, 2005 Marriott Griffin Resort Lexington, KY
Indiana EHA	June 8-10, 2005 Purdue University West Lafayette, IN	West Virginia	October 11-13, 2005 Jackson Mills Weston, WV
South Carolina FCL:	October 27-29, 2005 Radisson Hotel, Charleston Airport North Charleston, South Carolina	Wisconsin	September 19 - 21, 2005 Kalahari Conference Center Wisconsin Dells, WI
Illinois AHCE	March 22-24, 2005 Keller Convention Center Effingham, Ill		

# NVON MEMBER STATE PRESIDENTS

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“Live With an Attitude of Gratitude”

## Need Lesson Ideas?

## Contact Jo Almond V. P.

### Program Library:

Have you checked out the programs that we have available in our library? There are over 100 topics. Your state president has this list in their NVON binder and will be glad to copy it for you. (Just so you know, there is a minimal charge for each lesson to cover postage and copying fees.)

These lessons can be used for meetings, functions or just for your own information. All are, or have been used by our seven state organizations. So... they have been tested and well received within their own membership.

These lessons are separated by categories. The categories are environment, finance, health, horticulture, volunteer/motivation, food, youth and of course, miscellaneous topics.

Do check with your state organization, ask for a copy of the lessons you and/or your club/unit are interested in

receiving.. There is a wealth of information just waiting for you to learn about.

*Jo Almond* –  
Vice President -  
Program Library  
jea919@cs.com

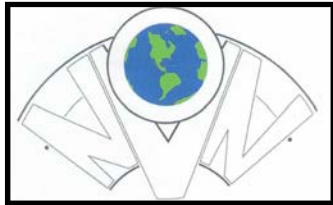


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## Attention State Presidents

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**NVON :** Pam Hanfland requested pictures of Project in Common activities be sent to her as soon as possible to put on the website.



**NATIONAL VOLUNTEER OUTREACH  
NETWORK**



*Member Organizations Working Together to Promote  
Communication, Education & Volunteerism For all  
People.*

## NVON Membership information

Dues are \$15.00 for a three year membership.

\$5.00 is applied to each of the three years to cover the cost of the newsletter and mailing.

Please send your check Made payable to **NVON**

To : Jeanne Ellis

Route 2 Box 35

Mt. Olivet, KY 41064

Be sure to check your address label for the date that your membership needs to be renewed.

The month and year will appear on the top line of the address.

To keep the newsletter coming to your home please make sure you are a current member.

Encourage friends and other members of your organization to become individual members of NVON.



**NATIONAL VOLUNTEER  
OUTREACH NETWORK**

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