

National Volunteer Outreach Network, Inc.

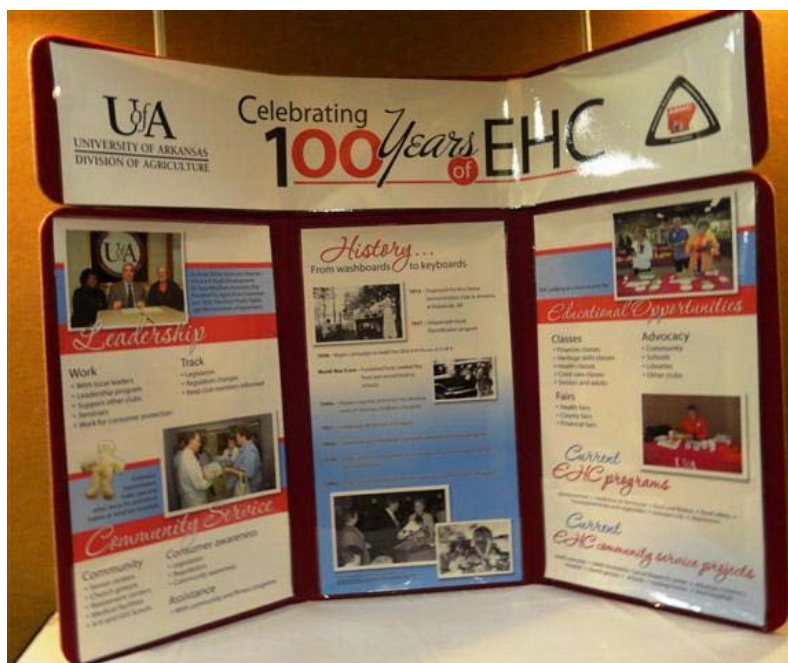
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2012 State Displays

Arkansas Extension Homemakers Council

Arkansas Extension Homemakers have been a very busy group in 2012.



Our membership is at 5,051. Our volunteer hours (turned in) were 478,846 at an estimated value of \$10,175,477.00.

75 Project Books were turned in. This is where we find the projects and volunteer hours completed by the county councils and clubs.

Of course we continue to supply teaching dolls, blankets, crochet caps, adult bibs and angel wraps to the area hospitals and nursing homes.

Baby burp pads were made, support was shown to our troops with care packages.

Supplies were given to the Ronald McDonald House. One of the funding projects was making quilts for raffles. Just make sure you are legal to have your raffle!

Other projects completed and are ongoing are making sure food pantries & homeless shelters stay stocked with food and toiletries, giving caregivers the tools they need to take care of their loved one and also to care for themselves and not get burnt out! We still continue to present “craft” classes to youth and adults. You can make that flower arrangement for \$10.00 instead of purchasing it for \$40.00. Our youth needs to know that! The classes also give adults a way to reach out to others and keep social. Not being social is a stepping stone to elderly depression.

Our latest statewide project is the “4-H Healthy Living Initiative”. The AEHC Council donated \$5,000.00 for the statewide curriculum and encouraged county councils and clubs to make a donation of \$62.00. This was not mandatory, just a suggestion. So far this has made a total of \$10,000.00 for the curriculum! As you know obesity, anorexia & bulimia is a growing problem in the USA. First we have fast food, computers and television holding our youth captive that contribute greatly to obesity. Second size 0 models & actor’s in magazines, television and the movies provide them with a misconception of body image and tells them tiny is the only way to be, thus leading to

anorexia and bulimia. As parents, grandparents, aunts and uncles we the Extension Homemakers will be helping the Family & Consumer Sciences Agents to present this program to our youth hoping to counteract the impact the media has instilled on our youth! Hopefully they will grow up to be a much healthier generation!

Illinois Association for Home and Community Education



I would like to share with you many of the great things the Illinois Association for Home and Community Education members have volunteered for during the past year.

We ask the members to report the number of volunteer hours they have completed during the year. This year, there was an increase in the number of members who turned in their volunteer hours and it totaled 90,024 hours! Of course, you know volunteers do not get paid but each hour is valued this year at \$21.36. This is a great contribution made to their community and for the state.

I love to hear about the generosity they have shown in their community by the service projects they do. Many this year donated money or food to food banks to help the many without jobs. Many continued to make Linus Blankets, 462; 120 quilts and comforters for veterans, 173 quilts for kids project, 159 pillowcases for veterans and children's hospitals, 634 little dresses for African girls and 108 shorts for boys.

I don't know how many coupons that is but sounds like a lot. There were 150 activity bags for children, 100 blankets

for hospitals, 632 cough pillows, 150 caps and mittens for children, 76 boxes of Kleenex to local schools, 5 boxes of assorted school supplies. Also made were 261 bags for wheelchairs and walkers, 10 prayer shawls, 75 catheter bags, 160 pillows for shelters; 20 pinafores and shirts for historical society. They have given many other items to schools, soldiers and their communities that I do not have a number on. The members did a wonderful job in helping others.

At the last district workshops, we were happy to be able to have author, Debra Heninger, to do a program on her book "Hobo Quilts". Her presentation was full of historical and interesting facts. She also had made many beautiful Hobo Quilts using the emblems the hobos used to let others know what to expect when stopping at a house.

There is no day like today to make a change, so let's start working in our state to increase our membership, one new member at a time. I know many of us have held many offices, taught a lot of lessons and went to a lot of meetings. But we wouldn't have missed it for the world. We can still do it, maybe just not at the same pace as we used to, but we are never too old to make a change.

The Illinois HCE is dedicated to helping our members make their life better through education. Displayed in the President Abraham Lincoln's Presidential Museum is this quote: Educate a woman and she in turn educates her family and community.

Indiana Extension Homemakers Association

The Indiana Extension Homemakers Association (IEHA) truly embraced our President Jan Harlow's theme "Treasure our Past – Embrace Our Future." Our organization has 925 clubs with membership of 11,366. Plans for in full swing for an "electrifying" gala



celebration in June 2013 as we celebrate our 100th Year.

The year started off with our partnering with the Indiana State Fair where we were allowed to have a spot and a “glass house” where we showcased a sampling of the many projects our members contribute to – Riley Hospital, Ronald McDonald house, quilts of valor, just to name a few. Puppy pillows drew a crowd of kids where they helped to stuff the pillows. We also sponsored a photography contest from pictures taken during the day at the fair. In the “book nook” members donated 1800 books to be read to children while parents looked at exhibits, then the children were given a book to take with them. The State Fair provided us with

blue and white yarn for members to knit scarves that were given to the many many volunteers for the Super Bowl that was held in Indianapolis this past winter.

Fall district meetings had us being very informed by either an Indiana State Trooper, or a sheriff representative on personal safety. An important message that kept coming from the different speakers - Do not let a stranger in your home – if they need to make a phone call – do it for them and keep your doors locked. Keep your bushes, shrubs trimmed and this will allow you to see if anyone is hiding. The educators took it even further by focusing on things in the home that need attention for our safety. The i-LEaD lesson was on “Visioning”.

Indiana can proudly boast that in just two years we have raised over \$54,000.00 for our Cancer Research Endowment Fund. We originally set the goal at \$25,000.00 to be met in 5 years and we've now set the goal to \$100,000.00, IEHA can do it! As a result of some of the fund raising efforts two of our members will be having a class at this conference entitled “Making the Goal a Reality”. Dr. Tim Ratliff from Purdue University spoke at our annual conference and shared promising strides in cancer research. IEHA had our first annual golf outing. One of our guests was a member of the Tennessee Titans football team. 51 participants, both men and women, with 16 sponsors raised \$3400.00.

The spring district meetings had us learning about the Salvation Army, how they were originated in London and where they are now. Each area is unique but the goal remains the same – to help when needed. The Salvation Army was very visible in March when a tornado struck southern Indiana.

The Indiana Leadership, Education, and Development training was again presented at Home and Family Conference with 5 members participating in Level I. 10 members completed the third level and were awarded graduate diplomas. Scholarships are awarded for those desiring to take the i-LEaD program at our conference.

IEHA continues to add 10 educational lessons a year that are researched and developed by the Extension Educators on our website, free for everyone to use. They include a wide variety of interests from foods and nutrition, health and human development and family resource management. The state education Focus Group developed a booklet titled “Leave Your Excuses at the Door” which was distributed to all members.

The International Project supported by IEHA this year was “Halo Foundation” (Helping art liberate orphans). This project will provide food, water, clothing, education and art therapy to the Orphans in Mexico, India, Uganda, Kenya and Nicaragua. Funds of \$1,105.68 were raised to help this need.

IEHA co-sponsors the Family Impact Seminar each year for Indiana legislators. The seminar provides expert nonpartisan information on a family related topic of the legislators' choosing. The seminar encourages legislators to consider the effect of new laws on Hoosier families, in the same routine manner that they consider the effect of business and industry and the environment. Invitations were extended to Indiana Senators, Representatives and other

influential and interested parties to attend. The Family Impact seminar is held in November of each year. This year's topic was "Jobs, Jobs, Jobs." Two experts in the field spoke to the Indiana attendees.

Indiana counties awarded 173 scholarships for a total of \$69,656.00, this does not include extra scholarships awarded for various 4-H awards, memorials, etc. Along with the scholarships members are always there for 4-H, residents at long term care facilities, food pantries, cookies for the Red Cross; Veterans homes, making tote and diaper bags, and making Christmas stockings for our troops in Afghanistan and the list goes on with all the amazing things we help support.

IEHA is anxiously looking forward to the next journey of our organization and the opportunities that await us "as we pass onto others".

Kentucky Extension Homemakers Association



Quoting from Dr. Edward J. Pavlik, Ph. D., of the University of Kentucky Markey Cancer Center, "the year of 2012 has seen many accomplishments of the state of Kentucky. Just as the Kentucky Wildcats won the 2012 NCAA Championship with their impressive numbers..." (end of quote) so have the Kentucky Extension Homemakers with their membership of 15,915. Kentucky Extension Homemakers have two projects that have been ongoing for several years. This year the members contributed \$50,508.50 to the Ovarian Cancer Research Program at the University of Kentucky. All proceeds from these donations remain within the state of Kentucky. Over 37,000 women have received free ovarian cancer screenings through this project. Work is still ongoing at the Kentucky Academy in Ghana. A check was presented to Dr. and Mrs. Kwaku Addo in the amount of \$5,000.00 to help build a new library at the Academy. KEHA members have been very generous i

n their support of these projects, when called upon, to make these projects so successful.

Leadership and education are two very important focuses within KEHA. This year 38 counties awarded over \$15,000 in scholarships. Leadership Development reports show that KEHA had 2,459 volunteers that spent 245,962 hours reaching 506,455 people at Cooperative Extension activities. Leadership development training was held by 750 clubs for officers and chairman.

Food, Nutrition and Health reports show that Kentucky women are involved in taking better care of their health. The report listed 3,267 women had regular physicals. 2,176 had mammograms, 944 participated in the ovarian cancer screenings and 1,575 exercised regularly. Along with taking care of themselves, they also supported blood drives and local health fairs.

Family has always been and will continue to be a huge part of KEHA. Not just our individual families but also those in our communities and surrounding areas. KEHA members tutored students, worked in Relay for Life, sponsored military families for an entire year and make bath robes for veterans. Helmet warmers for our military in Afghanistan was also provided. KEHA supported 4-H through scholarships given for

4-H camps throughout the state. Members supported Camp Courageous, a camp for seriously ill children and their families, with sports equipment, quilts, toys and also monetary support.

Members of KEHA are not only talented through their giving but also by their interests in our heritage skills. Many members contribute their skills by sharing those talents with others. Some of the many classes taught this year included basket making, quilting, magic pillowcases, jewelry, Swedish weaving, wreaths, painting and redwork.

Member read 18,575 books, 1,686 quilts were made and sold and 415 barn quilts were completed.

2011-2012 had definitely been a great year for KEHA. One last number to share with you is one that we in Kentucky are very proud to include in this report. 2012 marks the 80th Anniversary of Kentucky Extension Homemakers Association. We have seen many changes in 80 years but our dedication to the lives and families of Kentucky will always remain the same. Happy Anniversary to the members of the Kentucky Extension Homemakers Association!!

North Carolina Extension and Community Association, Inc.

The North Carolina Extension & Community Association is made up of 262 clubs,



2,922 members, 22 lifetime members, and 39 emeritus members. Members range in age from teen-agers to members in their nineties, and have spanned 3 or more generations in some families.

NCECA and North Carolina Cooperative Extension work together on many joint educational programs and outreach efforts. Extension work includes Agri-tourism, Master Gardeners, 4-H, Farm-to-School, and Women's Leadership Coalition. Many counties are participating in "Buy Local Foods" and the "10% Campaign" by encouraging residents to support local growers/farmers by spending 10% of their grocery money locally.

Many NCECA members are taking the opportunity to advance skills in the areas of leadership, education, and volunteering by enrolling in the Master "FCS" volunteer certification program. Local partnerships which have been established through the efforts of NCECA members and NCCES staff extension agents include the Health Dept., Schools, Hospitals, and Senior Centers by supplying needed items or assisting in programs.

The NCECA Foundation has been in existence for 2 years, with numerous endowments in place. NCECA clubs, counties, or districts may choose to put their money into the foundation, which provides protection from IRS scrutiny. Through the partnership of the NCECA Foundation and the Family and Consumer Science Foundation, the history book Ordinary Women, Extraordinary Service, was compiled, and has been donated to many county agencies and libraries.

NCECA has enjoyed learning about its rich history through celebrating the "4-H Centennial" in 2010, the "FCS Centennial" in 2011, and we are now looking forward to the upcoming "NCECA Centennial" in 2013. Plans are underway for the celebration on Sunday, October 27, 2013, at the Jane S. McKimmon Center in Raleigh. It will include a "Legacy Luncheon" and dedication of a new patio at the center which will be comprised of honorarium or memorial bricks purchased to honor NCECA members, FCS personnel or friends of NCECA.

In 2012, NCECA presented scholarships to 2 students from each of our 6 districts totaling \$7,200. In addition to this amount, many districts, counties and clubs worked diligently to provide scholarships for local recipients.

Several counties have sponsored work with the "Let's Take Off" project in common. Counties and clubs have offered exercise programs and incentives, and members have presented or assisted Liaison Agents in presenting nutrition education programs such as "Expanded Food and Nutrition Education Program", "Cook Smart, Eat Smart", "Eat Smart, Move More, Weigh Less".

In 2012, a new marketing brochure was designed for use by counties and clubs with the heading, "Because your community needs you...Because you have not stopped learning...Join Us!"

Our NCECA members continue to provide assistance to many organizations such as stuffed bears for "Victory Junction", Law enforcement, and hospitals; donations to "Lake Waccamaw Home for Girls"; cooling wraps for the

military; Protective coverings to rest homes; and turbans/heart pillows to hospitals. Members continue to report individual volunteer hours with 597 members reporting 298,220 hours served and 348,533 people reached. ECA clubs reported over 50,000 hours of volunteer work in communities all across North Carolina. NCECA continues to be a vital resource for dedicated community volunteers.

South Carolina Family and Community Leaders



When I began to think about what to include in my report I decided to ask the members of SCFCL for their perspective. I received many positive comments. For example: they told me we have made remarkable progress in many ways. They are enthusiastic about the present and future of SCFCL. I received favorable comments on changes that could benefit all of us.

When Miss America is crowned she has a project to improve conditions in America. When I became SCFCL president I also had a project. That was to increase membership. Today we have 113 new members in SCFCL. I also noticed that some husbands attended meetings. I thought why can't they join us? We now have 123 men who are actively participating members in South Carolina.

Our members continue to visit nursing homes, work with 4-H and many community projects over South Carolina.

The Education hours of Nine counties reporting: Volunteer Hours: 75,895, Value of hours \$2,680,164.00,

Actual Dollars Spent \$55,381.32.

I am pleased to report the Committee on "FCL Yards & Neighborhoods" has a new program on Native Plants that is being received with new interest.

To summarize: we have made remarkable progress in several areas. As long as we continue to fulfill our mission to improve the quality of life for individuals, families and communities through fellowship, education and service we will have a positive impact in South Carolina.

West Virginia Community Educational Outreach Service, Inc.



“Walk Around the World”

West Virginia Community Educational Outreach Service has a “Health Motivator” Program in each of the clubs. This is where we focus our “Walk Around the World” activities. Last year we had walked around the border of the continental United States, twice. This year if we walked to the east we would be in China, if we walk to the west we would be in China. We just keep on walking.

Plastic Market Bag Project

We doubt if we will ever get away from plastic bags so we have found other uses for them. One of our community projects is to cut them into strips, connect the strips and wind them into a ball. Then we crochet them into mats for the homeless to sleep on. We have developed this into a

challenge for our imagination and have come up with many useful projects. Shopping bags, door mats, stadium mats to mention a few.

Water Project

CEOS has taken this to heart. To raise money for the water filters one of the members donated six quilts. CEOS is divided into six areas and each has a quilt to raffle. We have collected \$3600 to date. This will provide 40 water filters. Some of the filters are in use in Thailand for families in need.

Wisconsin Association for Home and Community Education



Since we saw you last summer in Green Bay, WAHCE and its counties have been very busy and accomplished many things. We do so much and we usually have great participation in our counties. Our “On the Move and In the Groove” program is continuing. Each year we have a few more counties participate, and I know that by reading the newsletters, even though they did not all send in a report. The program this year went from March 1 to May 23. I myself walked over 150 miles during that time. Of our 53 counties, we have reports from over half of them and with so many reports not in yet, I am confident that we had over 35 counties participate. Many of the participants did not stop when the official event was over. We are continuing to keep our bodies and minds active and healthy.

We had a number of counties participate in the “Women Walk the World” program but I do not have the total dollars collected for that promotion.

WAHCE continues to work with the “Wisconsin Nicaragua Partners” and supply many van loads of items for the learning centers in that country. We recently learned that they had a need for bed sheets for the health clinics that have been set up. One worker came back to Wisconsin telling us about children with burns, lying on bare mattresses. We have since collected many boxes of sheets and they are on their way down there at this time.

We have collected funds for Haiti and through the ODEMIHF ACWW organization in the Dominican Republic; those funds are helping children in the area of Tabarre.

We have funded a well/water project in Bangladesh and will probably be asking for another project soon since we collected more money than the Bangladesh project cost.

In Wisconsin we just completed our 14th year of the Wisconsin Bookworms™ project. That project provides 8 books a year to children in Head Start and other early childhood programs in our state. Our counties have purchased and given out over 600,000 books at a cost of over \$100,000 per year, since its inception in 1998.

“The Heart Truth for Women”, was one of the health topics that was presented in most counties this past year. It is a program using many of the materials from the American Heart Association’s “Go Red” program, and was developed by our UW Extension Family Living department.

WAHCE is working to streamline our board and the way we work across the state, trying to find better and more economical ways to communicate and accomplish our goals. Our state organization has been divided into eight districts, each with a director who serves on our state board. Last year at our annual voters meeting our voting members directed us to form a plan to change that to six districts, so we now have a plan for that to take to our next voters meeting in September.

In January of 2011, for the second time, we held our winter board meeting by Wisline (conference call) and we find that works well. Even our “Snow Birds” (those who go south for the winter) are able to take part. We had 100% participation in our January Wisline this year. Something we are seldom able to have at a sit down meeting when we have to gather from all parts of the state.

WAHCE will be hosting the 2014 CWC Conference in Manitowoc, WI and we have begun planning for that. Marcelline Protheroe is the Conference Chair for that event.

This being my last report to you as the WAHCE President, I want to say that meeting and spending time with the other presidents and delegates has been a very beneficial and rewarding experience. Thanks to all for sharing with us.

[2009 State Displays](#)

[2011 State Displays](#)

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